Equilibrium and out-of-equilibrium mechanics of living mammalian cytoplasm

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Highlights

- Two distinct regimes of mechanical behavior in living cells are identified.
- Living mammalian cytoplasm behaves as an equilibrium material at short time scales.
- It behaves as an out-of-equilibrium material at long time scales.
- Intracellular fluctuation is used to measure cytoplasmic moduli at high frequencies.