



# Q1 Nanotubular topography enhances the bioactivity of titanium implants'

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## 9 Abstract

10 Surface modification on titanium implants plays an important role in promoting mesenchymal stem cell (MSC) response to enhance  
11 osseointegration persistently. In this study, nano-scale TiO<sub>2</sub> nanotube topography (TNT), micro-scale sand blasted-acid etched topography  
12 (SLA), and hybrid sand blasted-acid etched/nanotube topography (SLA/TNT) were fabricated on the surfaces of titanium implants. Although  
13 the initial cell adherence at 60 min among TNT, SLA and TNT/SLA was not different, SLA and SLA/TNT presented to be rougher and  
14 suppressed the proliferation of MSC. TNT showed hydrophilic surface and balanced promotion of cellular functions. After being implanted  
15 in rabbit femur models, TNT displayed the best osteogenesis inducing ability as well as strong bonding strength to the substrate. These  
16 results indicate that nano-scale TNT provides favorable surface topography for improving the clinical performance of endosseous implants  
17 compared with micro and hybrid micro/nano surfaces, suggesting a promising and reliable surface modification strategy of titanium implants  
18 for clinical application.

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20 *Key words:* Nanotubular; Topography; Bioactivity; Titanium implant

22 Currently titanium and titanium-based alloys are most widely  
23 used in orthopedic and oral implants. However, a long  
24 osseointegration period of 3–4 months is normally required  
25 due to the bio-inert nature of titanium, which makes the  
26 whole process of implant treatment even longer. Therefore,  
27 researchers are searching for efficient surface modification  
28 strategies to enhance the bioactivity of titanium implant.  
29 Efficient osseointegration of implants relies on the recruitment  
30 of osteoblast precursors to the tissues around the implants,  
31 followed by osteogenic differentiation, osteoblast maturation,

matrix deposition and mineralization. Mesenchymal stem cells  
32 (MSCs) are multipotent stem cells which can be induced to  
33 differentiate into osteoblasts, adipocytes and chondrocytes,  
34 depending on stem cell niches composed of various  
35 microenvironment signals. The signals can be roughly divided  
36 into two categories: biochemical and biophysical signals  
37 including the topography, geometry, elastic modulus<sup>1</sup> and  
38 dimension of the substrate. Among the diverse signals, physical  
39 factors, especially the topography cues, have been proved to be  
40 more lasting, controllable and much safer. 41

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Until now, the majority of commercially available implants are moderately textured with micro-roughened topography through sand blasting<sup>2,3</sup> acid etching<sup>4</sup> and micro-arc oxidation,<sup>5</sup> which present micro-scale pits or holes on the surface of implants. The conventional sandblast-acid etching (SLA) technique enhances osseointegration and initial stability of implants owing to the mechanical interlock with surrounding bone. However, compromised proliferation of osteoblasts was observed on microscale surfaces.<sup>6,7</sup>

Inspired by the nanoscale fundamental elements of bone matrix, biomimetic nanostructures are of particular interests for potentially better osseointegration, by which osteogenesis is induced.<sup>8</sup> Among the diverse nanostructures, titanium dioxide nanotube has grabbed much attention due to its simple fabrication process and controllable size.<sup>9</sup> It has been demonstrated that the surface chemistry and topography of the TiO<sub>2</sub> nanotube influence the cell behavior such as adhesion, spread, proliferation, migration and differentiation as well.<sup>10,11</sup> In addition, surface structures composed of micro- and nanoscale components have been demonstrated to promote osteogenesis for mimicking the hierarchical structure of the bone matrix.<sup>12,13</sup> Zhao et al<sup>13</sup> fabricated hierarchical micropore/nanorod-patterned strontium (Sr) doped hydroxyapatite (HA) coatings and observed that the coating with an interrod spacing of 67 nm displayed advanced biological effect. Zhou et al<sup>14</sup> showed that SLA-treated surfaces with 80-nm nanotubes enhanced osteogenesis in comparison with SLA. However, whether nano-scale nanotube coating or micro-scale SLA topography performs better bioactivity has not been reported yet. Systematic research is also lacking on whether the hybrid hierarchical structure would induce synthetic biological effect compared to solo treatment.

The previous research of our group has shown that nanotube coating on titanium surface greatly improved platelet adhesion and inhibited adhesion of microcosm compared with SLA-treated topography.<sup>15,16</sup> In order to further figure out the optimal implant surface topography scale to induce osteogenesis, serial scales of topographies (nano-scale, micro-scale, and hybrid micro/nano scale) were constructed on the surfaces of titanium implants *via* SLA and anodic oxidation. The surface properties of the different surfaces were investigated. Bioactivity evaluations were carried out by observing the *in vitro* biological response of rat bone marrow-derived MSCs and *in vivo* osteogenesis in rabbit femur models.

## Methods

### *Specimen preparation of different titanium surfaces*

Pure Ti foils of 10 mm in diameter and 0.6 mm in thickness (Baoji Titanium Industry, China) were used as the substrate. Four surface treatments were applied to the Ti substrate, namely machined smooth Ti (control group), sandblasted and acid etched Ti (SLA group), TiO<sub>2</sub> nanotubes (TNT group), and sandblasted/acid etched TiO<sub>2</sub> nanotubes (SLA/TNT group). Both the top and bottom surfaces were ground with #400 to #1500 SiC sandpaper successively; ultrasonically cleaned with acetone, anhydrous alcohol, and deionized water in sequence; and finally air dried at room temperature. Specimens grouped in

control were left untreated. SLA surfaces were prepared by 97 blasting silicon dioxide particles onto machined Ti surfaces, and 98 then acid-etching using 10%HCl:10%H<sub>2</sub>SO<sub>4</sub> (1:1, v/v) at 60 °C 99 for 30 min. TNT surfaces were prepared in an electrochemical 100 cell by anodizing using a DC power supply. Ti substrate was 101 used as anode and a copper sheet was used as cathode. 102 The anodic oxidation procedure was performed in aqueous 103 electrolyte containing 0.15 M NH<sub>4</sub>F and 0.5 M (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub> at 20 104 V for 30 min. SLA/TNT surfaces were first prepared by 105 sandblasting and acid-etching as described for SLA group, and 106 then anodized by the same protocol used for TNT group. 107 After the treatment mentioned above, the specimens were rinsed 108 with distilled water and sterilized by autoclave sterilization. 109 Tissue culture polystyrene (TCPS) was used as positive control 110 in *in vitro* study. 111

### *Surface characterization of different titanium surfaces*

The topography of Ti discs sputter-coated with gold was 113 observed by scanning electron microscope (SEM: LEO1530VP 114 FESEM, Zeiss, Germany). Phase identification was carried out 115 by an X-ray diffractometer in  $\theta$ -2 $\theta$  geometry using Cu K $\alpha$  116 radiation. The surface roughness of samples was determined 117 using a profilometer of laser scanning confocal microscope 118 (LSM700, Zeiss, Germany). The following parameters were 119 calculated: Sa (the arithmetic average of the 3D roughness), and 120 Sq (the quadratic average of the 3D roughness).<sup>17</sup> Hydrophilicity 121 of the titanium surfaces was evaluated using contact angle 122 analyzer (OCA15, Dataphysics, Germany). 123

### *Protein adsorption assay*

After incubation in 5 mg/mL bovine serum albumin (BSA) 125 (MP Biomedicals) at 37 °C for 4 h, the protein adsorbed onto the 126 discs was detached in 1% sodium dodecyl sulfate (SDS) at 50 °C, 127 100 rpm/min for 1 h. The protein concentration was determined 128 using MicroBCA protein assay kit (Pierce). 129

### *The bonding strength of coating on TNT and SLA/TNT*

To measure the bonding strength of nanotube coating to 131 titanium substrate, micro-scratch test was performed using a 132 Micro Scratch Tester<sup>18</sup> (WS-92). The parameters were set as 133 follows: indenter load: 0.01 to 50 N; pressure rate: 10 N·min<sup>-1</sup>; 134 operating speed: 2 mm·min<sup>-1</sup>. The critical load, the load when 135 the delamination of the coating first occurred, was recorded. 136 Images of the scratches were obtained by the SEM apparatus 137 used above. 138

### *Cell culture of BMSCs*

BMSCs were harvested from 4-week-old male Sprague– 140 Dawley rats, according to protocols as we described.<sup>19</sup> Briefly, 141 bone marrow was flushed from the hind limbs and spun down at 142 800 rpm for 5 min. The pellet was resuspended in  $\alpha$ -MEM 143 (Gibco) containing and 10% fetal calf serum (FCS, Gibco), and 144 cultured in a humidified atmosphere with 5% CO<sub>2</sub> at 37 °C. 145 When the culture grew to about 80% confluence, the 146 MSCs were trypsinized using 0.25% trypsin (Sigma) 147 and subcultured. The cells at passage 2–4 were used in the 148 following *in vitro* experiments. 149

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