

Nanomedicine: Nanotechnology, Biology, and Medicine xx (2017) xxx-xxx



nanomedjournal.com

### Gold nanorods reflectance discriminate benign from malignant oral lesions

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Received 7 October 2016; accepted 1 January 2017

#### 8 Abstract

Nanoparticle-based contrast agents have been used as an imaging tool for selectively detecting cancerous processes. We aimed to evaluate the 9 detection sensitivity of reflection measurements of gold nanorods (GNRs) bio-conjugated to anti-epidermal growth factor receptor (GNRs-EGFR) 10 11 monoclonal antibodies in discriminating benign from premalignant and malignant human oral lesions. Tissue sections incubated with GNRs-EGFR and the reflectance spectrum was measured using hyperspectral microscopy. Reflectance intensity increased with the progression of the 12disease, lowest in the control group and increasing as the dysplastic changes increase (P < 0.001 for linear trend of grade). Intensity was 1314 significantly higher in the moderate and severe dysplasias and cancer patients than in the controls and mild dysplasia (t test P = 0.0003, Mann-Whitney P < 0.0001). The GNRs reflection measurements can discriminate benign and mild dysplastic lesions from the more severe dysplasia and 15 invasive cancer, suggesting an objective, not dependent on the qualification of a technician and with less interpretation errors. 16 17 © 2017 Published by Elsevier Inc.

18 Key words: Nanoconjugates; Nanospheres; Gold nanorods; Mouth neoplasms; Oral cancer; Oral potentially malignant disorders

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Oral squamous cell carcinomas (OSCC) are among the most 20common cancers worldwide and are of great economic and 2122 clinical burden for the health care in developing countries.<sup>1-3</sup> Late diagnosis and loco-regional recurrences results in poor 23prognosis despite advancement in treatment modalities.<sup>4,5</sup> Most 24 cases of OSCC are preceded by precancerous lesions which have 25 an increased potential for malignant transformation assumed to 26be between 2 and 4% annually.<sup>6</sup> Histopathology is the gold 27standard for predicting the extent of the disease, however, 28controversy exist in reporting dysplastic conditions which make 29interpretation difficult. A different diagnostic approach is 30 therefore mandatory for early in vivo detection of oral cancer 31and precancerous lesions, a method that will be sensitive, and 32easy to perform in clinical setting. 33

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http://dx.doi.org/10.1016/j.nano.2017.01.003 1549-9634/© 2017 Published by Elsevier Inc.

Gold nanoparticles (GNPs) have been studied as contrast 34 agents for imaging of cancer, mainly due to their ability to scatter 35 and enhancing the reflection of the irradiated light in their surface 36 plasmon resonance frequency. Epidermal growth factor receptor 37 (EGFR) has been found to be dysregulated in OSCC and 38 dysplastic oral lesions,  $^{7-11}$  and can be served as an ideal target 39 for nanoparticle-based contrast agents using gold GNPs 40 bio-conjugated to anti-EGFR monoclonal antibodies. We have 41 recently introduced a new method for cancer detection based on 42 diffusion reflection (DR) measurements of gold nanorods 43 (GNRs) bio-conjugated to anti-EGFR monoclonal antibody 44 (GNR-EGFR),<sup>12-14</sup> successfully tested in a rat model of 45 OSCC.<sup>15</sup> Using air-scanning electron microscopy, we have 46 been able to visualize the GNRs-EGFR in tissue sections of 47 OSCC showing a gradient of the GNRs from the tumor to its 48 surrounding normal epithelium.<sup>16</sup> The absorption and scattering 49 spectrum of the GNRs is tunable by adjustment of their aspect 50 ratio (AR), easily controlled during the synthesis of the GNRs. It 51 enables to adjust the GNRs optical properties to the wavelength 52 in which the sample has the highest penetration depth. 53

In the present study we aimed to evaluate the detection 54 sensitivity of the DR method in human oral tissues, discriminat- 55 ing benign and mild dysplastic lesions from more advanced 56

Please cite this article as: Hirshberg A., et al., Gold nanorods reflectance discriminate benign from malignant oral lesions. *Nanomedicine: NBM* 2017;xx:0-7, http://dx.doi.org/10.1016/j.nano.2017.01.003

This study was supported by the Israel Cancer Association, with the generous assistance of the Irma and Jacques Ber-Lehmsdorf Foundation (grant No. 20150012); and the ISRAEL SCIENCE FOUNDATION (grant No. 1760/16).

Conflict of interest statements: None declared.

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Figure 1. Excitation spectrum and TEM image of the GNRs used in the reflectance experiments. The GNRs peak is at 660 nm and their average dimension was  $55 \times 16$  nm.

dysplasia and invasive cancer with histopathology as a gold standard. The reflectance spectra were captured using the hyperspectral imaging microscopy, enabling the measurements of the GNRs reflectance intensity.

### 61 Methods

The archives of the Department of Oral Pathology and 62 63 Medicine School of Dental Medicine, Tel-Aviv University were searched for cases diagnosed as OSCC and various dysplastic 64 65lesions. The study has been reviewed and approved by the Tel-Aviv University Ethics Committee; all cases were anony-66 mous and informed consent was not required. The cases were 67 68 divided according to histopathologic diagnosis based on the WHO diagnostic criteria as followed: mild dysplasia, moderate 69 dysplasia, severe dysplasia, and invasive squamous cell 70 carcinoma.<sup>17</sup> The original slides were reviewed and the diagnosis 71 was confirmed by two of the researches, both certified oral 72pathologists (Abraham Hirshberg, Irit Allon). Only cases with 73 definitive diagnosis based upon histopathology were included. 74Data concerning age, gender and oral site were recorded. 75

From each paraffin-embedded block, two consecutive 5 µm 76 sections were cut on a glass slide. One slide was stained with 77 hematoxylin and eosin (H&E) to confirm the diagnosis and an 78 unstained slide was submitted for the hyper-spectral imaging and 79 the DR experiments. The epithelium, which was the area of 80 interest (AOI) was marked on the H&E stained slide and copied 81 82 exactly on the unstained consecutive slide; the DR measurements were performed only within the AOI. 83

#### 84 GNRs fabrication and targeting

GNRs present the highest scattering and absorption properties 85 compared to gold nanoshells or gold nanospheres so they were 86 utilized as targeted contrast agents. The GNRs were synthesized 87 using seed mediated growth method,<sup>18</sup> and their size, shape and 88 uniformity were characterized using transmission electron 89 microscopy (TEM, Figure 1). Seed solution: A freshly prepared, 90 ice-cold aqueous NaBH<sub>4</sub> solution (0.01 M, 0.6 mL) into an 91 aqueous mixture solution composed of HAuCl<sub>4</sub> (0.01 M, 0.25 92mL) and CTAB (0.1 M, 7.5 mL), followed by a rapid mixing for 93 94 2 min. The seed solution was kept for 1 h at 25 °C. The growth

solution was composed of CTAB (0.1 M, 200 mL), HAuCl<sub>4</sub> 95 (0.01 M, 10 mL), AgNO<sub>3</sub> (0.01 M, 1.5 mL) and ascorbic acid 96 (0.1 M, 1.6 mL). 480  $\mu$ L seed solution was added into the growth 97 solution, which was kept under the same condition with seed 98 solution. The resultant average shape was 55×16nm, with a narrow 99 size distribution. The GNRs extinction coefficient spectrum was 100 determined using a spectrophotometer, and the resultant extinction 101 peak was 660 nm (Figure 1).

For the bioconjugation process, a protective layer of 103 polyethylene-glycol (PEG) was adsorbed on the surface of the 104 GNRs in order to prevent aggregation.<sup>19</sup> For cancer cell 105 targeting, the heterofunctional PEG was covalently conjugated 106 to an anti-EGFR monoclonal antibody.<sup>12,13</sup> Bioconjugation of 107 the GNRs to the anti-EGFR antibody was achieved according to 108 the method described by Lvov using polystyrene sulfonate.<sup>20</sup> 109 Each slide was scanned before and after adding the GNRs for 110 negative control.

All slides were viewed under hyper-spectral microscopy, and 112 the reflectance intensity was captured. The measurements were 113 performed blinded to the tissue origin. 114

#### Hyper spectral imaging system

Reflectance measurements of GNRs on tissues were captured 116 using the hyper-spectral imaging system (Nuance, CRi, MA). By 117 using this method one can easily prove that the GNRs are really 118 location in the tissue. A Halogen illumination (UN2-PSE100, 119 Nikon, Japan), along with a 32-bit ultrasensitive CCD camera 120 detector (N-MSI-EX) and X40 objective (0.75NA) were used for 121 imaging in RGB mode. Microscopy was performed with an 80i 122 Nikon Microscope (Nikon Instruments). Images were acquired 123 using the Nuance software version 2.1. The value units of the 124 images are arbitrary intensity units (IU). The reflectance intensity 125 from each sample was collected and analyses were performed at 126 660 nm, according to the GNRs excitation peak. A schematic 127 diagram of our method is illustrated in Figure 2.

#### **Statistics**

The main goal of the analysis was to investigate the power of 130 GNRs reflectance measurements in discriminating patients that 131 do not need invasive treatment (controls or mild dysplasia) from 132

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