



# Quantum dots-hemin: Preparation and application in the absorption of heme iron

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## Abstract

The absorption mechanism of heme iron remains unclear due to the limit of labeling techniques. Quantum dots (QDs) are powerful fluorescent probes resistant to photobleaching, however, there is no data about the application of QDs in heme iron absorption. Herein, we prepared hemin-coated CdSe/ZnS (QDs-hemin), and study their absorption *in vitro* and *in vivo*. Results showed that QDs-hemin had uniform particle sizes, physiological stability and high joint efficiency. Moreover, QDs-hemin could be successfully absorbed gradually into the duodenum with the time using synchrotron radiation micro X-ray fluorescence and confocal laser scanning microscopy. Furthermore, QDs-hemin were observed to degrade in lysosomes, and their absorption was blocked by Heme Carrier Protein 1 (HCP1) antibody and HCP1 siRNA. All the results demonstrate that QDs can be a good tracer for heme iron and that HCP1 pathway is critical and predominant over the endocytosis pathway in the absorption mechanism.

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**Key words:** Heme; Quantum dots; Heme carrier protein 1; Micro X-ray fluorescence; Intestine

Heme iron and non-heme iron are two fundamental forms of iron in the body, and approximately 70% of the total iron exists in the form of heme iron (ferrous protoporphyrin IX), such as in hemoglobin, myoglobin, cytochromes and neuroglobin.<sup>1,2</sup> Iron deficiency can cause anemia and other bad effects, and

supplementation of heme iron is the first choice to treat anemia. However, the absorption and regulatory pathways of heme iron have not been fairly well-studied although it has been known for a long period.

In 1955, heme-derived iron was first reported to be absorbed by enterocytes.<sup>3</sup> More than half-century later, the absorption of heme iron has yet to be identified. Some reports state that heme is absorbed by active transport hemoglobin carrier protein-1 (HCP1),<sup>4</sup> but others with an opposing view.<sup>5,6</sup> In addition, other proposed uptake pathways of heme iron add the complexity to understand its absorption.<sup>7</sup>

The lack of effective markers and labeling methods greatly limit the research progress on heme iron. Traditionally, heme is labeled with <sup>55</sup>Fe, <sup>59</sup>Fe and <sup>14</sup>C to trace iron and protoporphyrin IX, respectively, in the absorption and metabolic processes.<sup>8</sup> However, radiotracers cannot mark Fe and protoporphyrin simultaneously and in real time,<sup>9</sup> they cannot indicate whether heme is absorbed as an intact metalloporphyrin or as free iron and where it is degraded, either. Therefore, a more efficient method for tracking heme absorption is urgently needed to facilitate investigations on the predominant mechanistic pathway.

Conflict of interest: All the authors declare that there are no conflicts of interest.

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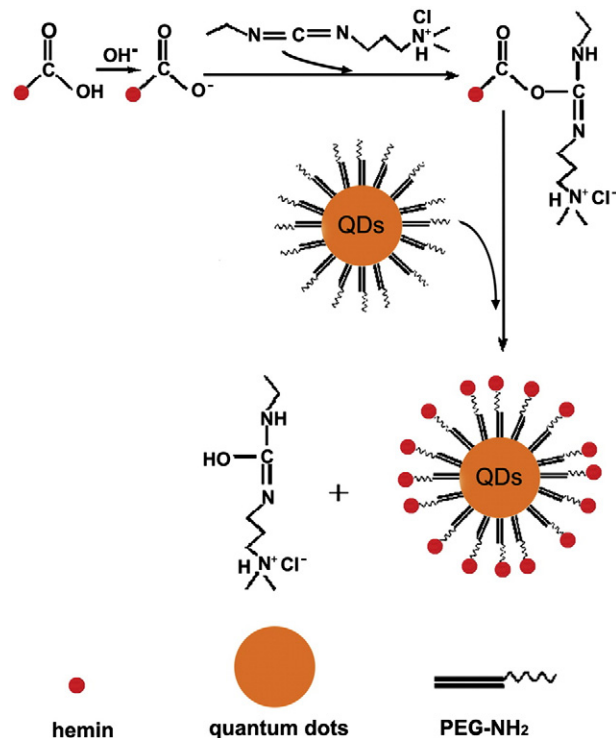


Figure 1. Graphic representation of preparative reactions for QDs-hemin.

joint efficiency of QDs-NH<sub>2</sub> to hemin, the UV-vis absorption 72 and fluorescence spectra of oil-soluble QDs, water-soluble 73 QDs-NH<sub>2</sub>, QDs-hemin and hemin were acquired using a UV-vis 74 spectrometer (U-3010, Hitachi Co., Tokyo, Japan) and fluorescence 75 spectrophotometer (F-2500, Hitachi Co.). The UV-vis 76 spectral data were imported into Orthogonal Projection 77 Approach (OPA) in the MATLAB environment, and the accurate 78 concentration of QDs-NH<sub>2</sub> and hemin in the QDs-hemin was 79 calculated. The microstructure of QDs-hemin was characterized 80 by TEM, and the diameter and zeta potential were measured 81 using a ZetaSizer Nano series Nano-ZS (Malvern Instruments 82 Ltd, Malvern, UK). The fluorescence stability of QDs-hemin was 83 examined at Britton-Robinson (B. R.) buffer (pH = 5.0~9.0) and 84 NaCl solution (0~1.0 M). 85

#### Animals and treatments 86

Kunming (KM) mice, weighing 25 g, were purchased from 87 Hebei Medical University. All procedures were carried out in 88 accordance with the National Institutes of Health Guide for the 89 Care and Use of Laboratory Animals and were approved by the 90 Animal Ethical and Welfare Committee of Hebei Normal 91 Univeristy (approval no. IACUC-137002). Duodenal loops 92 were made as previously described.<sup>14</sup> Briefly, two sterile cotton 93 threads were ligated at the duodenum of anesthetized mice 94 (pentobarbital sodium, 40 mg/kg, i.p.). One was placed distal to 95 the pylorus, and the other was 2.5 cm away from the first 96 ligature. The closed loops were then filled with hemin solution 97 (15 mg/mL) and incubated for 20 min, 40 min and 60 min 98 before mice were culled. The incubation time of QDs-hemin and 99 QDs-NH<sub>2</sub> was for 40 min. 100

#### Absorption of QDs-hemin in mice detected by Confocal Laser 101 Scanning Microscopy (CLSM) and Micro X-ray Fluorescence 102 ( $\mu$ -XRF) 103

After incubation with hemin or QDs-hemin, the duodenal 104 loops were fixed and transverse frozen sections were cut at 8- $\mu$ m 105 thickness. Some sections were used for fluorescence detection by 106 CLSM with a Zeiss LSM510 microscope. Others were mounted 107 onto 3-mm-thick Mylar films (polycarbonate) for analysis with 108 synchrotron radiation  $\mu$ -XRF. The  $\mu$ -XRF microspectroscopy 109 experiment was performed on a 4W1B endstation at the Beijing 110 Synchrotron Radiation Facility, operating at 2.5 GeV with current 111 from 150 mA to 250 mA. The incident X-ray energy was 112 monochromatized by a W/B4C Double-Multilayer-Monochromator 113 (DMM) at 15 keV and focused down to 50  $\mu$ m in diameter by the 114 polycapillary lens. Two-dimensional mapping was acquired in step 115 mode, in which the sample was held on a precision motor-driven 116 stage while scanning 100  $\mu$ m stepwise. The Si (Li) solid state 117 detector was used to detect X-ray fluorescence emission lines with a 118 live time of 10 s. The data reduction and process were performed 119 using the PymCA package.<sup>15</sup> 120

#### Cell culture and MTT (3-(4,5-dimethylthiazol-2-yl)-2,5- 121 diphenyltetrazolium bromide) assay 122

Caco-2 cell line (ATCC HTB-37), human colorectal 123 adenocarcinoma, was maintained in minimum essential medium 124 (MEM, Gibco) supplemented with 20% FBS (Gibco), 100 U/mL 125

Surface-modified quantum dots (QDs) have been extensively 47 investigated as fluorescent probes for sensing and biosensing 48 events, and as a class of agents for biomedical imaging and 49 diagnosis due to their broad absorption profiles, tunable emission 50 wavelengths and high photooxidation stability.<sup>10-13</sup> Herein, we 51 modified QDs with hemin and applied them to observe the 52 process and infer the mechanism of heme absorption *in vivo* and 53 *in vitro*. Moreover, we demonstrated HCPI pathway is critical 54 and predominant in heme-iron absorption, which would provide 55 strategies in designing targeted heme iron supplements in the 56 future. 57

## Methods 58

### Preparation and characterization of QDs-hemin 59

Water-soluble QDs (QDs-NH<sub>2</sub>) were prepared as follows: 60 oil-soluble QDs (Wuhan Jiayuan Co. Ltd., Hubei, China) were 61 washed with anhydrous alcohol and dissolved in chloroform 62 together with PEG (2000)-NH<sub>2</sub> (Avanti Polar Lipids, Alabaster, 63 USA). The mixture was sonicated for 1-2 min and chloroform 64 was evaporated on a rotary evaporator at room temperature. 65 Finally, Britton-Robinson buffer (pH = 8.4) was added to the 66 free-chloroform flask to obtain QDs-NH<sub>2</sub>. QDs-hemin were 67 synthesized by mixing QDs-NH<sub>2</sub>, hemin (their mole ratio 1:20) 68 and EDC (Sigma-Aldrich St. Louis, MO, USA) at orbital shaker 69 (TS-1, Kylin-Bell Co., Jiangsu, China) for 3 h in the dark, 70 subsequently the solution was ultrafiltrated. To determine the 71

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