## **Accepted Manuscript**

Comparison of affect-regulated, self-regulated, and heart-rate regulated exercise prescriptions: Protocol for a randomized controlled trial

Zachary Zenko, Julia D. O'Brien, Catherine J. Berman, Dan Ariely

PII: \$1469-0292(17)30135-8

DOI: 10.1016/j.psychsport.2017.06.010

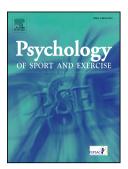
Reference: PSYSPO 1235

To appear in: Psychology of Sport & Exercise

Received Date: 6 March 2017 Revised Date: 26 May 2017 Accepted Date: 28 June 2017

Please cite this article as: Zenko, Z., O'Brien, J.D., Berman, C.J., Ariely, D., Comparison of affect-regulated, self-regulated, and heart-rate regulated exercise prescriptions: Protocol for a randomized controlled trial, *Psychology of Sport & Exercise* (2017), doi: 10.1016/j.psychsport.2017.06.010.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



#### ACCEPTED MANUSCRIPT

Comparison of affect-regulated, self-regulated, and heart-rate regulated exercise prescriptions:

Protocol for a randomized controlled trial

Zachary Zenko, Julia D. O'Brien, Catherine J. Berman, and Dan Ariely

Center for Advanced Hindsight

**Duke University** 

Submitted: May 26<sup>th</sup>, 2017

### \*Address correspondence to:

Zachary Zenko

334 Blackwell Street, Suite 320

Center for Advanced Hindsight

**Duke University** 

Durham, NC 27701

E-mail: zachary.zenko@duke.edu

#### Download English Version:

# https://daneshyari.com/en/article/5036479

Download Persian Version:

https://daneshyari.com/article/5036479

<u>Daneshyari.com</u>