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An evaluation of portion size estimation aids: Consumer perspectives on their effectiveness

Gemma P. Faulkner, M. Barbara E. Livingstone, L. Kirsty Pourshahidi, Michelle Spence, Moira Dean, Sinead O'Brien, Eileen R. Gibney, Julie M.W. Wallace, Tracy A. McCaffrey, Maeve A. Kerr

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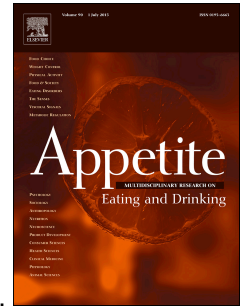
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Authors: Gemma P. Faulkner^{1,5}, M. Barbara E. Livingstone¹, L. Kirsty Pourshahidi¹, Michelle Spence², Moira Dean², Sinead O'Brien³, Eileen R. Gibney³, Julie M.W. Wallace¹, Tracy A. McCaffrey^{1,4} and Maeve A. Kerr^{1*}

Institutions:

¹ Northern Ireland Centre for Food and Health (NICHE), University of Ulster, Cromore Road, Coleraine, BT52 1SA.

² School of Biological Sciences, Queen's University Belfast, BT9 5AG, UK.

³ Institute of Food and Health, University College Dublin, Belfield, Dublin 4, Ireland.

⁴ Department of Nutrition and Dietetics, Monash University, Notting Hill, VIC 3168, Australia

⁵ Life and Health Sciences, School of Science, IT Sligo, Ash Lane, Co. Sligo, Ireland

***Corresponding author:** Dr Maeve A. Kerr

Address: Room W2030, School of Biomedical Sciences, University of Ulster, Coleraine campus, Cromore Road, Coleraine, Co. Londonderry, Northern Ireland, BT52 1SA.

Telephone: +44 28 70123515

Fax: +44 2870 123023

Email: ma.kerr@ulster.ac.uk

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