

## Accepted Manuscript

Title: Interactions of iron with manganese, zinc, chromium, and selenium as related to prophylaxis and treatment of iron deficiency

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PII: S0946-672X(16)30305-4  
DOI: <http://dx.doi.org/doi:10.1016/j.jtemb.2017.02.005>  
Reference: JTEMB 25890

To appear in:

Received date: 29-9-2016  
Revised date: 21-1-2017  
Accepted date: 7-2-2017

Please cite this article as: Bjørklund Geir, Aaseth Jan, Skalny Anatoly V, Suliburska Joanna, Skalnaya Margarita G, Nikonorov Alexandr A, Tinkov Alexey A. Interactions of iron with manganese, zinc, chromium, and selenium as related to prophylaxis and treatment of iron deficiency. *Journal of Trace Elements in Medicine and Biology* <http://dx.doi.org/10.1016/j.jtemb.2017.02.005>

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**Interactions of iron with manganese, zinc, chromium, and selenium as related to prophylaxis and treatment of iron deficiency**

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