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Author: Gregor Schütze, Markus Schwarz

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Therapeutic Drug Monitoring for individualised risk reduction in psychopharmacotherapy

Gregor Schütze, Markus Schwarz

Institut für Laboratoriumsmedizin, Klinikum der Universität München

Correspondence:

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Prof. Dr. med. Markus J. Schwarz Institut für Laboratoriumsmedizin

15 Klinikum der Universität München

Marchioninistr. 15

D-81377 Munich, Germany

Tel.: +49-89-4400-76246 Fax: +49-89-4400-76220

20 E-mail: Markus.Schwarz@med.uni-muenchen.de

Highlights:

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- This review highlights the state of the art of performing Therapeutic drug-monitoring (TDM) in psychopharmacology / psychopharmacotherapy;
- Especially in TDM of antipsychotics and antidepressants pharmacological / pharmacokinetic interpretation is required;
 - Basic principles of pharmacokinetic interpretation are described;
 - Methodologic issues of chromatography and mass spectrometry related to TDM of psychopharmacologic drugs are discussed;
 - Clinical case studies illustrate the principles of TDM accompanied with pharmacological interpretation;

Abstract

Psychopharmacological treatment is an integral part of modern psychiatry. However, there are several issues regarding safety, tolerability, adherence and response to treatment. Psychiatry was one of the first medical disciplines introducing routine therapeutic drug monitoring (TDM) to increase safety, tolerability and efficacy of pharmacological treatment. During the past decades, TDM in psychiatry includes measuring the concentrations of the administered drug and its major metabolite in serum or plasma and a pharmacological interpretation of the results is required. Typical

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