



## Full Length Article

# Study of polymorphism using patterned self-assembled monolayers approach on metal substrates



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## ABSTRACT

Polymorphism is a molecule's ability to possess altered physical crystalline structures and has become an active interest in pharmaceuticals due to its ability to influence a drug's physical and chemical properties. Crystal stability and solubility are crucial in determining a drug's pharmacokinetics and pharmacodynamics. Changes in these properties due to polymorphisms have contributed to recalls and modifications in industrial production. For this study, the effects of surface interactions with pharmaceuticals were examined through surface modification methodology using organic phosphonic and sulfonic acid self-assembled monolayers (SAMs) developed on a nickel or zinc oxide metal substrate. Drugs analyzed included carbamazepine, cimetidine, tolfenamic acid, and flufenamic acid. All drugs were thermodynamically applied to the reformed surface to aid in recrystallization. It was hypothesized and confirmed that intermolecular bonds, especially hydrogen bonds between the SAMs and pharmaceutical drugs, were the force that assisted in polymorph development. The study was successful in revealing multiple forms for each drug, including their commercial form and at least one additional form using micro FT-IR, Raman spectroscopy, and PXRD. Visual comparisons of crystal polymorphisms were performed with IR microscopy.

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## 1. Introduction

Solid-state chemistry defines polymorphism as the capacity for molecules to develop multiple organizations of their crystalline lattice (Fig. 1) [1,2]. The effects of polymorphism generate different physical and chemical properties, including color, solubility, bioavailability, and kinetics [3]. The variation in drug properties due to polymorphs could cause pharmacokinetic and pharmacodynamic changes, which are studied within medicinal chemistry. Pharmacokinetics is summarized by the absorption, distribution,

metabolism, and excretion of the drug. Pharmacodynamics reveals the intensity of the response between the drug and the body's active site, which is reliant upon intermolecular bonds [4]. According to the Food and Drug Administration (FDA), the most stable and bioavailable form is often used for formulation of a drug. Investigation into polymorphisms has prompted drug recalls, such as Ritonavir (1998) [5], Rotigotine (2003) [6], and Avalide (2010) [7].

Past methods of reproducing polymorphs include: solvent-base screening [8–10], seeded melt crystallization [11,12], solid-state transformation [13], and limited surface interaction studies [14–16]. Self-assembled monolayers (SAMs) have been previously used to initiate heterogeneous nucleation and growth from solution and to control crystallization processes [16–20]. Crystallization and nucleation have been achieved using ngold [18,19] and silanes on silicon surfaces [17,21]. These systems have shown to form a surface that acts as a template for oriented and patterned nucleation [17]. Here, the surface modification method presented a reformed surface for the drug to interact with using nickel oxide (NiO) and zinc oxide (ZnO) metals as the substrate and organic acids as the SAMs using phosphonic and sulfonic acids as presented in Fig. 2. The organic acids resemble the molecular structure of common surfactants used to improve kinetics through solvent interaction

**Abbreviations:** SAMs, Self-Assembled Monolayers; NiO, nickel oxide; ZnO, zinc oxide; NSAID, Non-Steroidal Anti-Inflammatory drug; CBZ, Carbamazepine; CIM, Cimetidine; TFA, Tolfenamic Acid; FFA, Flufenamic Acid; DRIFT-IR, Diffuse Reflectance Infrared Fourier Transform Spectroscopy; PXRD, Powder X-Ray Diffraction; Micro-FT-IR, Microscopic Fourier Transform Infrared Spectroscopy; THF, Tetrahydrofuran; HDSA, Hexadecanesulfonic acid; ODPA, Octadecylphosphonic acid; COOH-PA, 16-phosphonohexadecanoic acid; Di-PA, (12-phosphonododecyl) phosphonic acid; HU-PA, 11-hydroxyundecylphosphonic acid; U-PA, 10-undecynylphosphonic acid.

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