

Chemical exchange saturation transfer imaging and spectroscopy

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Nomenclature

2D	two-dimensional	MT	magnetization transfer
APT	amide proton transfer	MTR	magnetization transfer ratio
APTR	amide proton transfer ratio	PAA	polyallylamine
BOLD	blood-oxygen-level-dependent	PARACEST	paramagnetic chemical exchange dependent saturation transfer
CEST	chemical exchange dependent saturation transfer	PBS	phosphate buffer solution
cs	complete saturation	PCA	perchloric acid
CSF	cerebrospinal fluid	PEI	polyethylenimine
CW	continuous wave	PLE	poly-L-glutamate
DIACEST	diamagnetic chemical exchange dependent saturation transfer	PLL	poly-L-lysine
DOTA	1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetate acid	Poly(rU)	polyuridilic acid
DOTMA	$\alpha, \alpha', \alpha'', \alpha'''$ -tetramethyl-1,4,7,10-tetraacetic acid	PTE	proton transfer enhancement
DTMA	1,4,7,10-tetraazacyclododecane tetrakis(methylacetamide)	PTR	proton transfer ratio
EPI	echo planar imaging	RF	radiofrequency
FSE	fast spin echo	s	solute exchangeable proton or solute-bound water proton pool
IEPA	2-imidazol-1-yl-3-ethoxycarbonyl-propionate	SNR	signal-to-noise ratio
LIPOCEST	CEST system using liposomes	SPD-5	generation-5 starburst PAMAM dendrimers
LRP	lysine rich protein	ss	steady-state
LW	line width	TR	repetition time
MAC	middle cerebral artery	w	bulk water proton pool
MACO	middle cerebral artery occlusion	WEX	water exchange

1. Introduction

The study of chemical exchange processes is one of the oldest and still most vigorously investigated topics in NMR spectroscopy. The effects of chemical exchange on the NMR spectrum were reported as early as 1951 [1,2] and investigated intensively during the early days of NMR [3–10]. In a landmark paper published in 1963, Forsen and Hoffman [8] studied moderately rapid chemical reactions by means of nuclear magnetic double resonance. Especially since the advent of two-dimensional (2D) NMR [11,12], numerous important advancements have occurred [13–16]. In addition to protons (^1H), exchange spectroscopy has been applied to other NMR nuclei such as phosphorus (^{31}P), fluorine (^{19}F), and carbon (^{13}C). Over the past half century, much valuable information on chemical reactions and exchange processes has been obtained by NMR spectroscopy studies. In the last six years, there has been a surge in NMR exchange applications because of the realization that saturation transfer experiments can be designed that allow a large sensitivity enhancement. The first to demonstrate that exchange between labile protons

of low-concentration solutes and water protons provides a sensitivity enhancement scheme were Balaban et al. [17–19], who dubbed this new MRI contrast mechanism chemical exchange dependent saturation transfer (CEST) [19]. After this initial work on small solutes, van Zijl and colleagues [20,21] showed that enormous increases in sensitivity could be obtained for macromolecules with a large number of exchanging sites of similar chemical shift. Enhancements as large as 500,000 were demonstrated for amide protons on cationic polymers [20], such as poly-L-lysine (PLL) and dendrimers, while a record enhancement of 10^7 or more was reported for the imino protons of polyuridilic acid (poly(rU)) [21]. At the same time, Zhang et al. [22,23] and Aime et al. [24] reported several paramagnetic CEST (PARACEST) agents that made the approach more flexible by significantly enlarging the frequency range for the exchanging sites. By analogy to this nomenclature, we will call the other compounds diamagnetic CEST (DIACEST) agents. In 2003, Zhou et al. [25,26] showed that endogenous mobile proteins and peptides at very low concentration in biological tissue could also be detected via the water signal. In this so-called amide proton transfer (APT)

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