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Title: Low supply of social support as risk factor for mortality in the older adults

Authors: Tábatta Renata Pereira de Brito, Daniella Pires Nunes, Ligiana Pires Corona, Tiago da Silva Alexandre, Yeda Aparecida de Oliveira Duarte



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## ACCEPTED MANUSCRIPT

#### Low supply of social support as risk factor for mortality in the older adults

Tábatta Renata Pereira de Brito<sup>a</sup>

Daniella Pires Nunes<sup>b</sup>

Ligiana Pires Corona<sup>c</sup>

Tiago da Silva Alexandre<sup>d</sup>

Yeda Aparecida de Oliveira Duarte<sup>e</sup>

<sup>a</sup>(corresponding author)

Faculty of Nutrition, Federal University of Alfenas, Alfenas, Brazil.

Address: Rua Gabriel Monteiro da Silva, 700, Centro, Alfenas, Minas Gerais, CEP: 37130-000, Faculty of Nutrition. E-mail address: tabatta.brito@unifal-mg.edu.br

<sup>b</sup> Department of Nursing, Federal University of Tocantins, Palmas, Brazil.

Address: Quadra 109 Norte, Avenida NS-15, ALCNO-14, Plano Diretor Norte | 77001-090 | Palmas/TO. E-mail address: dpiresnunes@yahoo.com.br

<sup>c</sup> Faculty of Applied Sciences, University of Campinas, Limeira, Brazil.

Address: R. Pedro Zaccaria, 1300. Caixa Postal 1068, CEP 13484-350 - Limeira – SP. Email address: lillypires@gmail.com

d Departament of Gerontology, Federal University of São Carlos, São Carlos, Brazil.
 Address: Rod. Washington Luís. km 235 - SP-310 - São Carlos-SP. CEP 13565-905
 E-mail address: tsfisioalex@gmail.com

<sup>e</sup> Department of Medical Surgical Nursing, School of Nursing University of São Paulo, São Paulo, Brazil.

Address: Av. Dr. Enéas de Carvalho Aguiar, 419 - 05403-000 - São Paulo – SP. E-mail address: yedaenf@usp.br

### Highlights

- The support offered seems to be as important as that received.
- Social networks have been found to have protective effects on mortality.
- Reciprocity in relationships has been associated with higher levels of health.

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