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LASER THERAPY FOR THE GENITOURINARY SYNDROME OF MENOPAUSE. A SYSTEMATIC REVIEW AND META-ANALYSIS

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Highlights

- Intravaginal laser-therapy appears promising for the treatment of GSM
- Available studies consistently indicate alleviation of all GSM symptoms
- Sexual function and quality of life may improve clinically meaningful
- Local pathophysiology may regain a premenopausal status
- Quality of evidence is “low” or “very low” and RCTs are not available

ABSTRACT

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