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Title: The effect of genistein on glucose control and insulin sensitivity in postmenopausal women: A meta-analysis

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Highlights

- The paper presents a meta-analysis of randomized controlled trials that used pure genistein as the treatment intervention.
 - All the trials exclusively included postmenopausal women.
 - Genistein improves glucose control and insulin sensitivity in postmenopausal women.
 - Longer genistein treatment duration may achieve better results.
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The effect of genistein on glucose control and insulin sensitivity in postmenopausal women: A meta-analysis

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