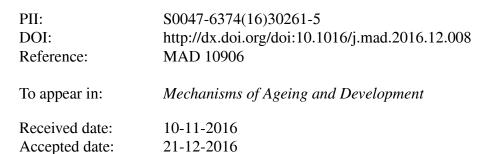
#### Accepted Manuscript

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### ACCEPTED MANUSCRIPT

#### INFLAMMAGING AND OMICS IN HUMAN LONGEVITY

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#### Highlights

- Inflammaging is a comprehensive and informative theory of aging and longevity
- Inflammaging is a systemic and dynamic lifelong process
- Several organs, tissues and cells produce inflammatory molecular garbage
- Centenarians have an optimal balance between pro- and anti-inflammaging
- Omics and Systems Medicine are needed to grasp the molecular core of inflammaging

#### Abstract

Inflammaging is a recent theory of aging originally proposed in 2000 where data and conceptualizations regarding the aging of the immune system (immunosenescence) and the evolution of immune responses from invertebrates to mammals converged. This theory has received an increasing number of citations and experimental confirmations. Here we present an updated version of inflammaging focused on omic data – particularly on glycomics - collected on centenarians, supercentenarians and their offspring. Accordingly, we arrived to the following conclusions: i) inflammaging has a structure where specific combinations of pro- and anti-

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