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The Development of Track and Field Based on the Achievement of Athletic in Recent Years

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Abstract

Track and field is the basis of all sports, known as the "mother" of the movement. Its importance is obvious. In the training of any project, if without the basis of support, it is impossible to achieve higher level of training. In other words, track and field is the Economic Base of all the sports projects. Without it, all the Superstructures are illusory. This paper makes a statistical analysis on the achievements of China in the international Track and Field competition in recent years. Summarize the development of track and field career in China.

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Introduction

In the sports competitions, the track is recognized as a major, it includes track and field, road cycling, walking, and cross-country race many projects, track and field sports are athletic sports project foundation, its for various sports development plays an important role in promoting. Therefore, in the world of sports development, the project of track and field sports column for emphasis, in order to achieve good results in the track and field events as well as other sports development of auxiliary and the promotion of the role, so that the "field effect" to get the maximum development, international sports management and sports experts

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are also pay more attention on the development of athletics, our country modern track and field sports for 90 years, in this nearly a century before the founding of new China, hosted the 7 National Games, the founding of new China to the currently held a total of 11 games the track and field competition, all through the ages is the Olympic Games important events. In addition, our country track and field athletes participated in the 8 Summer Olympic Games and the world, intercontinental athletic contest, and track and field sports in some project has achieved a historic breakthrough, at the world track and field has reached a first-class level, such as in the twenty-seventh Olympics, Wang Li ping harvest 20km race gold medal, at the twenty-eighth session in the Olympic Games, Liu xiang won the 110 meters hurdles gold medal, made in this aspect in China into the world 's top level; Xing Huina won the women's 10000m gold medal, won 35 group total points. These results are the state of sports attention and manpower, financial investment vigorously and made. After 08 years of the baptism of Beijing Olympic Games, China's sports undertakings in various fields have made outstanding achievements, sports consciousness of the masses than previous greatly enhanced, all this will promote China's rapid development of sports undertakings.

1. The study object and purpose

Track and field sports in the world of sports are concerned, in international competitions, athletics and relates to the medal number most projects, is the embodiment of a national sports level of sports. In recent years with the athletics development, its technological level has been greatly improved, making human athletic performance is close to the limit. This article through to the recent years our country in world championship track and field project achievement analysis, summed up in recent years our country track and field sports development present situation, and from which to explore new period to promote our country track and field sports suggestions and Countermeasures for the development of track and field sports of our country, promote the healthy and rapid development, the realization of China's sports country to a sports power breakthrough.

2. Research methods

2.1 The documentary

Writing before, in the library and online database for literature retrieval collection, collation, the related information as the theoretical basis.

2.2 The statistics

Using SPSS11.5 statistical software, right in recent years our country track and field athletes in the Olympic Games track and field competition in the performance data processing, for the study provides empirical evidence.

2.3 Comparison of analysis methods

In the statistical analysis of data on the basis of research our country track and field athletes' performance data for comparative analysis.

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