# Feline Congestive Heart Failure

## **Current Diagnosis and Management**

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#### **KEYWORDS**

• Cat • Cardiac • Edema • Effusion • Diuretic

#### **KEY POINTS**

- Congestive heart failure (CHF) is a well-recognized, potentially life-threatening result of heart disease; the onset of CHF has important implications for a cat's treatment and prognosis.
- Appropriate medical management of CHF in cats begins with accurately identifying it and excluding other conditions that can produce similar signs.
- The cornerstones of management of acute CHF in cats are avoidance of undue stress, intravenous administration of furosemide, oxygen supplementation, and thoracocentesis in patients with large-volume pleural effusion.
- The cornerstones of management of chronic CHF in cats are identification and elimination
  of inciting causes (eg, general anesthesia, sustained-release glucocorticoid injections,
  acute sodium ingestions); oral administration of furosemide and an angiotensinconverting enzyme inhibitor in all cases; and administration of a second diuretic, pimobendan, and other medications in select cases.
- Because the underlying cardiac disease rarely is eliminated, ongoing treatment should be monitored both at home (eg, cat's demeanor, resting respiratory rate) and periodically by the veterinarian.

#### INTRODUCTION

Why Does It Matter if a Cat with Heart Disease Has Congestive Heart Failure?

Identifying whether a cat has congestive heart failure (CHF) is essential if a correct treatment plan and prognosis are to be delivered to a patient with heart disease. <sup>1,2</sup> Before the onset of CHF, and despite interesting recent developments, <sup>3,4</sup> no treatment currently is known to alter the evolution of feline hypertrophic cardiomyopathy (HCM). Conversely, once CHF is present, treatment is considered indispensable and life-saving. This remains true even though, as might be expected on humane grounds, prospective clinical trials have never been conducted to compare diuretic treatment,

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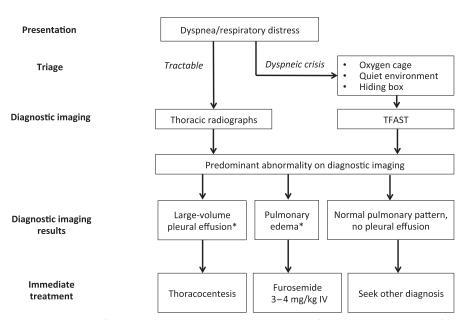
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thoracocentesis, or both, to placebo or sham treatment. It is universally accepted that diuretics and thoracocentesis are essential for managing heart failure patients with pulmonary edema or large-volume pleural effusion, respectively. Prognostically, the onset of CHF represents an important step in the clinical course of cats with heart disease. For example, cats with HCM and CHF have a median survival of 92 to 563 days compared with 1129 to greater than 3617 days in cats that have HCM without CHF.<sup>1,5,6</sup> Therefore, the categorization of a cat with heart disease as having CHF or not is important for both treatment and prognosis (Fig. 1).

#### Is It Congestive Heart Failure? Ruling in or Ruling out Congestive Heart Failure

Because CHF is a syndrome, the diagnosis rests on combining information from several sources. The physical sign most commonly recognized in cats with CHF is dyspnea, which characteristically can involve a disproportionate increase in the abdominal effort of respiration. For example, a retrospective study described 14 cats with tricuspid valve dysplasia and the most common abnormality recognized by owners was dyspnea visible as discordant or opposite chest and abdominal wall movements (5/14 cats, 36%); by contrast, 0 out of 36 dogs with the same cardiac malformation had this finding reported by their owners (chi-square = 14.29; P<.001). This observation seems to be especially prominent with pleural effusion. Cats with CHF due to cardiomyopathy show dyspnea in at least 32% of cases. An S3 or S4 gallop sound classically is due to increased ventricular diastolic filling pressure, which is essentially always present in CHF. A gallop sound has been reported frequently in cats with HCM and specifically in 32% of CHF cats, and it is associated

#### Management approach to acute CHF in cats



**Fig. 1.** Algorithm of an approach to the initial management of acute congestive heart failure in cats. Asterisks indicate the concurrent presence of cardiomegaly (radiographs) and/or atrial enlargement (TFAST). TFAST, thoracic focused assessment with sonography for trauma.

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