



Invited Review-pharmacology across disciplines

Melatonin as a promising agent of regulating stem cell biology and its application in disease therapy

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ARTICLE INFO

Article history:

Received 27 October 2016

Received in revised form

22 December 2016

Accepted 22 December 2016

Available online 30 December 2016

Keyword:

Melatonin

Stem cells

Proliferation

Differentiation

Migration

Stem cell therapy

ABSTRACT

Stem cells have emerged as an important approach to repair and regenerate damaged tissues or organs and show great therapeutic potential in a variety of diseases. However, the low survival of engrafted stem cells still remains a major challenge for stem cell therapy. As a major hormone from the pineal gland, melatonin has been shown to play an important role in regulating the physiological and pathological functions of stem cells, such as promoting proliferation, migration and differentiation. Thus, melatonin combined with stem cell transplantation displayed promising application potential in neurodegenerative diseases, liver cirrhosis, wound healing, myocardial infarction, kidney ischemia injury, osteoporosis, etc. It exerts its physiological and pathological functions through its anti-oxidant, anti-inflammatory, anti-apoptosis and anti-ageing properties. Here, we summarize recent advances on exploring the biological role of melatonin in stem cells, and discuss its potential applications in stem cell-based therapy.

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1. Introduction

1.1. Melatonin

Melatonin (*N*-acetyl-5-methoxytryptamine), a neurohormonal peptide initially, is produced in the pineal gland [1] (Fig. 1). It is widely detected in various locations in body, such as bone marrow, lymphocytes, the gastrointestinal tract, skin and so on [2]. Besides its well-known functions in circadian rhythms, melatonin and its derived metabolites possess antioxidant properties, such as scavenging excessive free radicals and increasing the synthesis of antioxidant enzymes *in vivo* and *in vitro* [3]. Melatonin is also distinguished for its anti-inflammatory reaction and ability to maintain biomembrane stability [4]. Additionally, melatonin has biological activities of modulating mitochondrial activity and the immune system, as well as anti-apoptotic, anti-tumor and anti-ischemic properties [5].

1.2. Stem cells

Stem cells are undifferentiated cells, which can differentiate into specialized cells under certain induction microenvironments in multicellular organisms. For example, totipotent stem cells are capable of giving rise to a fully functional organism. Pluripotent stem cells divide into virtually any tissue type, but not a functional organism. Multipotent stem cells may differentiate into a limited number of tissues [6]. Stem cell-based therapy has shown to have novel clinical implications, through cytothesis, replacement or regeneration to improve organ function. However, there are still many limitations such as poor survival, long-term stability, culture medium, scaffold materials, delivery systems, oncogenic potential and functional integration as well as technical limitation [7]. Nevertheless, stem cells have displayed promising application potential in the treatment of diseases such as liver cirrhosis [8], neuritis [9], heart disorders [10], spinal cord injuries (SCI) [11], stroke [12], Parkinson's [13] and Alzheimer's diseases [14]. Furthermore, stem cells are implicated in the development of assay systems to test new drugs *in vitro* [15].

1.3. Melatonin receptors

Several types of melatonin receptors have been identified, such as MT₁, MT₂, MT₃ (cytosolic binding sites) and the RZR/ROR family acting as nuclear receptors [16]. Among them, MT₁ and MT₂ are the most commonly and widely studied. Numerous biological functions of melatonin in mammals are mediated via activating of the

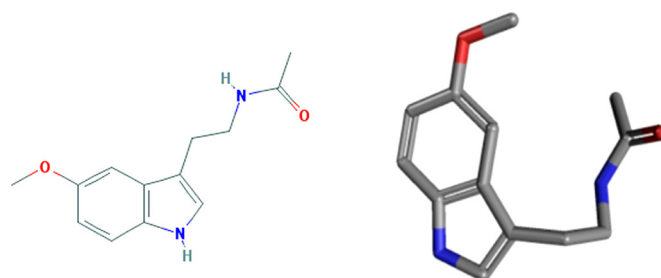


Fig. 1. The molecular and crystal structure of melatonin.

G-protein-coupled MT₁ or MT₂ [17]. However, some studies also showed that the biological function of melatonin was not mediated by activation of melatonin receptors. This suggests that melatonin regulates physiological and pathological activities of various cells through two ways: melatonin receptor-dependent manner and melatonin receptor-independent manner.

2. The actions of melatonin on stem cells

Increasing evidence show that melatonin plays a regulatory role in the viability, proliferation and differentiation of stem cells, which is supposed to have promising applications in stem cell therapy for many diseases [18]. Here we summarized the effects of melatonin in the different type of cells in the recent years.

2.1. Mesenchymal stem cells (MSCs)

Melatonin takes part in the regulation of osteogenic, adipogenic, myogenic and chondrogenic differentiation of MSCs. As recent studies illuminate, therapeutic effects of MSCs have been confirmed in animal models of acute kidney ischemia injury (AKI) [19,20], acute lung ischemia injury (ALI) [21], acute interstitial cystitis (AIC) [22], ischemia brain injury (IBI) [23], myocardial infarction (MI) [10], small bowel ischemia-reperfusion injury (SBIR) [24], osteoporosis (OP) [25], bisphosphonate-related osteonecrosis of the jaw (BRONJ)[7], central nervous system diseases [26], arthritis [27], wound healing [28] and other diseases (Fig. 2) (Table 1). Melatonin plays an important role in the control of MSCs survival, proliferation, apoptosis and differentiation by certain signaling pathways (Fig. 3). For instance, the activation of MT₂ influences Wnt/ β -catenin signaling in MSCs [29] (Fig. 3). Likewise, melatonin effectively inhibited Bax/Bcl-2, activated caspase-3 activity and phospho-p38 MAPK pathway, and promoted intracellular ROS

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