

# TEAMMATE FAMILIARITY, TEAMWORK, AND RISK OF WORKPLACE INJURY IN EMERGENCY MEDICAL SERVICES TEAMS



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## Abstract

**Introduction:** Increased teammate familiarity in emergency medical services (EMS) promotes development of positive teamwork and protects against workplace injury.

**Methods:** Measures were collected using archival shift records, workplace injury data, and cross-sectional surveys from a nationally representative sample of 14 EMS agencies employing paramedics, prehospital nurses, and other EMS clinicians. One thousand EMS clinicians were selected at random to complete a teamwork survey for each of their recent partnerships and tested the hypothesized role of teamwork as a mediator in the relationship between teammate familiarity and injury with the PROCESS macro.

**Results:** We received 2566 completed surveys from 333 clinicians, of which 297 were retained. Mean participation was 40.5% (standard deviation [SD] = 20.5%) across EMS agencies. Survey respondents were primarily white (93.8%), male (67.3%), and ranged between 21-62 years of age ( $M = 37.4$ ,  $SD = 9.7$ ). Seventeen percent were prehospital nurses. Respondents worked a mean of 3 shifts with recent teammates in the 8 weeks preceding the survey ( $M = 3.06$ ,  $SD = 4.4$ ). We examined data at the team level, which suggest positive views of teamwork ( $M = 5.92$ ,  $SD = 0.69$ ). Our hypothesis that increased teammate familiarity protects against adverse safety outcomes through development of positive teamwork was not supported. Teamwork factor Partner Adaptability and Backup

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Behavior is a likely mediator (odds ratio = 1.03,  $P = .05$ ). When dyad familiarity is high and there are high levels of backup behavior, the likelihood of injury is increased.

**Discussion:** The relationship between teammate familiarity and outcomes is complex. Teammate adaptation and backup behavior is a

likely mediator of this relationship in EMS teams with greater familiarity.

**Key words:** Team; Safety; Injury; Teamwork; Familiarity

Teams are abundant in the workplace, and thus positive and effective teamwork is essential for high-risk and time-sensitive environments. Emergency medical services (EMS) is one work environment in which teams may be formed without consideration of the experiences and time shared between teammates (familiarity).<sup>1</sup> Limited familiarity between teammates has been linked to inferior performance and negative safety outcomes in diverse occupations and environments.<sup>2,3</sup> Familiarity, teams, and team performance/safety outcomes in the prehospital EMS setting warrant further investigation.

Typical EMS work involves a team of 2 EMS clinicians dispatched to a location outside the hospital at unplanned times to care for acutely ill and injured persons. Teamwork is considered vitally important to positive outcomes for EMS clinicians and their patients and refers to attitudes, behaviors, and cognitions of teammates that engender sharing of information and team performance.<sup>4</sup> One study of 3 EMS organizations determined that two-thirds of scheduled shifts were staffed with clinician teammates classified as unfamiliar (meaning EMTs worked only one third of their shifts with their most frequent partner).<sup>5</sup> We hypothesized that increased teammate familiarity among paramedics, prehospital nurses, and other EMS clinicians deployed in dyadic teams leads to the maturation of positive teamwork behaviors and ultimately protection against adverse safety outcomes (see the Figure for hypothesized relationships).

## Methods

### STUDY DESIGN AND SAMPLE

We conducted a secondary analysis of data gathered from a larger study<sup>6</sup> of familiarity and safety to explore the relationship between teammate familiarity, teamwork, and workplace injury. We calculated the sample size necessary to detect statistical differences in the statistical model intercepts using G\*Power, in accounting for best practices when the unit of analysis is dyads,<sup>7</sup> and determined that a sample size of 129 EMS participants was needed to detect mediation for predicting injuries using logistic regression. From January 1, 2011, to November 29, 2013, we collected archival work records and injury records from a convenience sample of 14 large EMS organizations that employed more than 100 EMS clinicians each ( $n = 4446$  EMS clinicians total across all sites) and deployed ambulances in 37 base sites across all 4 major United States Census regions ( $n = 2$  Northeast,  $n = 1$  Midwest,  $n = 4$  South, and  $n = 7$  West). For survey purposes, we randomly selected 1000 paramedics, prehospital nurses, and other EMS clinicians employed at all participating EMS agencies and queried clinicians on perceived teamwork with their most recent partners. Institutional Review Board approval was provided for this study.

### STUDY MEASURES

Measures were collected at an individual level, tested for statistical agreement, and then aggregated to a dyadic level.

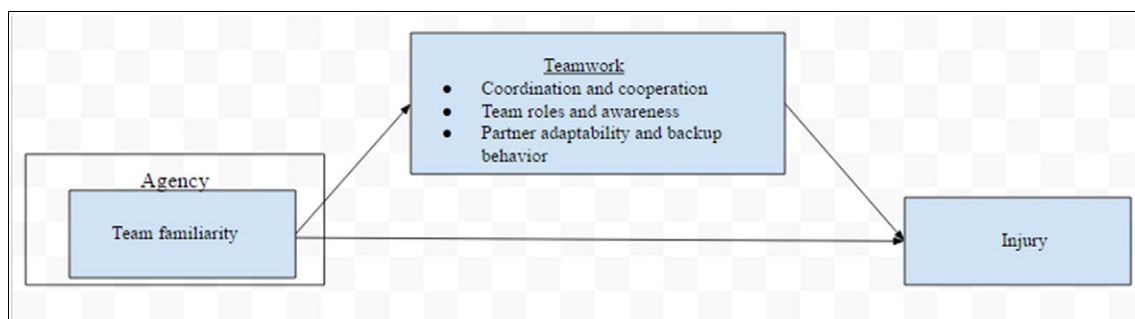


FIGURE  
Team familiarity, teamwork, and fatigue mediation model.

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