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Muscle strength and stiffness in resistance exercise: Force transmission in tissues

Hans Chaudhry, Ph.D., Research Professor, Bruce Bukiet, Ph.D., Associate Professor, Ellen Z. Anderson, PT PhD GCS, Jared Burch, BS, Thomas Findley, M.D. Ph.D., Professor



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**Muscle Strength and Stiffness in Resistance Exercise: Force Transmission In Tissues**

Hans Chaudhry, Ph.D. <sup>1</sup>, Bruce Bukiet, Ph.D. <sup>2\*</sup>, Ellen Z. Anderson PT PhD GCS <sup>3</sup> Jared Burch BS <sup>3</sup> Thomas Findley M.D. Ph.D. <sup>4</sup>

1. Research Professor, Vetha Center for Transdisciplinary Studies, Newark, New Jersey, USA.
2. Associate Professor, Department of Mathematical Sciences, Center for Applied Mathematics and Statistics, New Jersey Institute of Technology, Newark, New Jersey, USA.
3. School of Health Professions, Rutgers University, Newark, New Jersey, USA.
4. Professor, Rutgers-New Jersey Medical School, Newark, New Jersey, USA.

\*Corresponding author. Tel: 1 973 596 8392; fax: 1 973 596 5591. Email address: [bukiet@njit.edu](mailto:bukiet@njit.edu) (B. Bukiet)

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