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Integrating yoga into psychotherapy: The ethics of moving from the mind to the mat

Jaclyn M. Kamradt

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#### ACCEPTED MANUSCRIPT

# Integrating Yoga into Psychotherapy: The Ethics of Moving from the Mind to the Mat

#### Jaclyn M. Kamradt

Department of Psychological and Brain Sciences, University of Iowa

Correspondence concerning this article should be addressed to Jaclyn M. Kamradt, Department of Psychological and Brain Sciences, 11 Seashore Hall E, University of Iowa, Iowa City, IA 52242.

E-mail: jaclyn-kamradt@uiowa.edu

Phone: 319-335-2406

Fax: 319-335-0191

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