

# Accepted Manuscript

Effect of yoga and working memory training on cognitive communicative abilities among middle aged adults

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PII: S1744-3881(17)30112-3

DOI: [10.1016/j.ctcp.2017.05.007](https://doi.org/10.1016/j.ctcp.2017.05.007)

Reference: CTCP 729

To appear in: *Complementary Therapies in Clinical Practice*

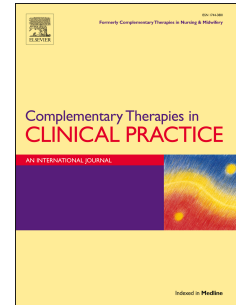
Received Date: 18 March 2017

Revised Date: 16 May 2017

Accepted Date: 17 May 2017

Please cite this article as: Namratha HG, George VM, Bajaj G, Mridula J, Bhat JS, Effect of yoga and working memory training on cognitive communicative abilities among middle aged adults, *Complementary Therapies in Clinical Practice* (2017), doi: 10.1016/j.ctcp.2017.05.007.

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## EFFECT OF YOGA AND WORKING MEMORY TRAINING ON COGNITIVE COMMUNICATIVE ABILITIES AMONG MIDDLE AGED ADULTS

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**Funding Acknowledgement**-This work was supported by the Technology Interventions for disabled and elderly, Department of Science & Technology, Government of India (DST-TIDE)

[Grant No. SEED/TIDE/005/2013-[C]]

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