

# Accepted Manuscript

Effects of inulin-type fructans, galacto-oligosaccharides and related synbiotics on inflammatory markers in adult patients with overweight or obesity: a systematic review.

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PII: S0261-5614(16)31275-4

DOI: [10.1016/j.clnu.2016.10.003](https://doi.org/10.1016/j.clnu.2016.10.003)

Reference: YCLNU 2944

To appear in: *Clinical Nutrition*

Received Date: 13 January 2016

Revised Date: 27 September 2016

Accepted Date: 2 October 2016

Please cite this article as: Fernandes R, do Rosario V, Mocellin MC, Kuntz MGF, Trindade EBSM, Effects of inulin-type fructans, galacto-oligosaccharides and related synbiotics on inflammatory markers in adult patients with overweight or obesity: a systematic review., *Clinical Nutrition* (2016), doi: 10.1016/j.clnu.2016.10.003.

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1 **TITLE: EFFECTS OF INULIN-TYPE FRUCTANS, GALACTO-OLIGOSACCHARIDES**  
2 **AND RELATED SYNBIOTICS ON INFLAMMATORY MARKERS IN ADULT**  
3 **PATIENTS WITH OVERWEIGHT OR OBESITY: A SYSTEMATIC REVIEW.**

4 **RUNNING TITLE: PREBIOTICS AND SYNBIOTICS ON INFLAMMATION.**

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22 **Key Words:** Prebiotics. Synbiotics. Overweight. Obesity. Systematic Review.

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