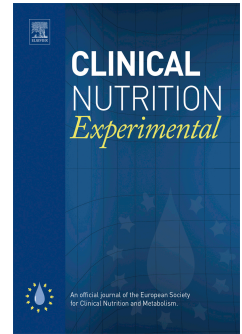


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A 7-day high protein hypocaloric diet promotes cellular metabolic adaptations and attenuates lean mass loss in healthy males

Matthew Furber, Ana Anton-Solanas, Emma Koppe, Charlotte Ashby, Michael Roberts, Justin Roberts



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1 **A 7-day high protein hypocaloric diet promotes**
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4 **Matthew Furber^{1,2,*}, Ana Anton-Solanas¹, Emma Koppe³, Charlotte Ashby³, Michael**
5 **Roberts² and Justin Roberts⁴.**

6 ¹ GSK Human Performance Lab, Unit 2 Brentside Executive Park, Great West Road, Brentford,
7 Middlesex, TW8 9DA, UK; matthew.x.furber@gsk.com, ana.x.anton-solanas@gsk.com

8 ² University of Hertfordshire, Division of Sport, Health and Exercise Science, College Lane, Hatfield,
9 Hertfordshire, AL10 9AB, UK; m.g.roberts@herts.ac.uk

10 ³ GSK RD Platform Technology and Science, Gunnels Wood Rd, Stevenage SG1 2NY, UK;
11 emma.l.koppe@gsk.com, charlotte.x.ashby@gsk.com

12 ⁴ Anglia Ruskin University, Faculty of Science and Technology, Department of Life Sciences,
13 Cambridge Campus Cambridge CB1 1PT; justin.roberts@anglia.ac.uk

14
15
16 * Correspondence: matthew.x.furber@gsk.com; Tel.: +44-77967-07387

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