

MINDFULNESS TRAINING FOR HEALTH PROFESSION STUDENTS. THE EFFECT OF MINDFULNESS TRAINING ON PSYCHOLOGICAL WELLBEING, LEARNING AND CLINICAL PERFORMANCE OF HEALTH PROFESSIONAL STUDENTS: A SYSTEMATIC REVIEW OF RANDOMISED AND NON-RANDOMISED CONTROLLED TRIALS

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Mindfulness Training for Health Profession Students

The effect of mindfulness training on psychological wellbeing, learning and clinical performance of health professional students: a systematic review of randomised and non-randomised controlled trials.

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Review article (meta-analysis)

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