

HEALTH PROMOTION IN PRACTICE -
DISTRICT NURSES EXPERIENCES OF
WORKING WITH HEALTH PROMOTION
AND LIFESTYLE INTERVENTIONS AMONG
PATIENTS AT RISK OF DEVELOPING
CARDIOVASCULAR DISEASE

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Title:

Health Promotion in Practice - District Nurses Experiences of Working with Health Promotion and Lifestyle Interventions among Patients at Risk of Developing Cardiovascular Disease

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Abstract:

Objective: Health Promotion Practice (HPP) has the objective to promote a healthier lifestyle and reduce the risk of disease. The aim of this study was to examine district nurses' experiences of working with health preventive actions among patients with risk factors for cardiovascular disease (CVD), and to identify facilitators and obstacles in HPP.

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