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**Rule modification in junior sport: Does it create differences in player movement?**

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**Abstract**

**Objectives:** To determine the effects of rule modification on player movement during matchplay in junior Australian football (AF).

**Design:** Quasi-experimental study design.

**Methods:** Time-motion analysis was used to record variables pertaining to player movement including total distance covered, high-speed running (HSR) distance (>14.4km/h) and HSR efforts. GPS data obtained from 145 players (7-12 years) were analysed across four junior AF leagues and three age group

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