

## Accepted Manuscript

Title: The effect of acute and short term glucocorticoid administration on exercise capacity and metabolism

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PII: S1440-2440(16)30232-8  
DOI: <http://dx.doi.org/doi:10.1016/j.jsams.2016.10.016>  
Reference: JSAMS 1418

To appear in: *Journal of Science and Medicine in Sport*

Received date: 19-5-2016  
Revised date: 20-8-2016  
Accepted date: 21-10-2016

Please cite this article as: Tacey Alexander, Parker Lewan, Garnham Andrew, Brennan-Speranza Tara C, Levinger Itamar. The effect of acute and short term glucocorticoid administration on exercise capacity and metabolism. *Journal of Science and Medicine in Sport* <http://dx.doi.org/10.1016/j.jsams.2016.10.016>

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**The effect of acute and short term glucocorticoid administration on exercise capacity and metabolism**

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Word count - 2,618

Abstract word count - 248

Number of tables - 2

Number of Figures - 0

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