## Accepted Manuscript

Title: Beta-alanine supplementation enhances judo-related performance in highly-trained athletes

Author: Caroline de Andrade Kratz Vitor de Salles Painelli Kleiner Márcio de Andrade Nemezio Rafael Pires da Silva Emerson Franchini Alessandro Moura Zagatto Bruno Gualano Guilherme Giannini Artioli



PII: S1440-2440(16)30157-8

DOI: http://dx.doi.org/doi:10.1016/j.jsams.2016.08.014

Reference: JSAMS 1374

To appear in: Journal of Science and Medicine in Sport

Received date: 25-2-2016 Revised date: 27-7-2016 Accepted date: 19-8-2016

Please cite this article as: de Andrade Kratz Caroline, de Salles Painelli Vitor, de Andrade Nemezio Kleiner Márcio, da Silva Rafael Pires, Franchini Emerson, Zagatto Alessandro Moura, Gualano Bruno, Artioli Guilherme Giannini.Beta-alanine supplementation enhances judo-related performance in highly-trained athletes. *Journal of Science and Medicine in Sport* http://dx.doi.org/10.1016/j.jsams.2016.08.014

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Main title

Beta-alanine supplementation enhances judo-related performance in highly-trained athletes.

**Authors** 

Caroline de Andrade Kratz<sup>1</sup>, Vitor de Salles Painelli<sup>1</sup>, Kleiner Márcio de Andrade Nemezio<sup>1</sup>, Rafael

Pires da Silva<sup>1</sup>, Emerson Franchini<sup>2</sup>, Alessandro Moura Zagatto<sup>3</sup>, Bruno Gualano<sup>1</sup>, Guilherme

Giannini Artioli<sup>1</sup>.

**Institution and affiliations** 

<sup>1</sup> Laboratory of Applied Nutrition and Metabolism, School of Physical Education and Sport,

University of São Paulo, São Paulo, São Paulo, Brazil.

<sup>2</sup> Combat Sports and Martial Arts Research Group, School of Physical Education and Sport,

University of São Paulo, São Paulo, São Paulo, Brazil.

<sup>3</sup> Laboratory of Physiology and Sport Performance (LAFIDE), Faculty of Sciences, Paulista State

University, Bauru, São Paulo, Brazil.

**Corresponding Author** 

Vitor de Salles Painelli

Av. Mello de Moraes 65 - Butanta, 05508-030

Sao Paulo, SP, Brazil.

Phone: +55 11 3091-3096; Fax: +55 11 3813-5921

E-mail: vitor.painelli@usp.br

Word count: 2999

**Abstract word count: 204** 

Number of tables: 1

Number of figures: 2

Number of supplementary materials: 2

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