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Effect of a patellar strap on the joint position sense of the symptomatic knee in athletes with patellar tendinopathy

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Abstract

Objectives: The primary aim of this study was to investigate the effect of a patellar strap on the proprioception of the symptomatic leg in PT. Secondary aims were to investigate a possible difference in effectiveness between athletes with high and low proprioceptive acuity, and whether predictors of effectiveness could be found.

Design: Randomised cross-over pilot study

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