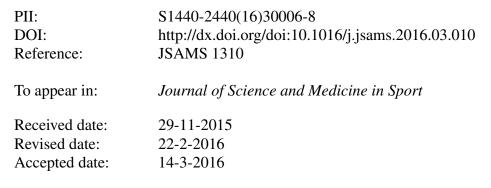
Accepted Manuscript

Title: IS DELAYED ISCHEMIC PRECONDITIONING AS EFFECTIVE ON RUNNING PERFORMANCE DURING A 5-KM TIME TRIAL AS ACUTE IPC?

Author: Joost P.H. Seeger Silvie Timmers Danique J.M. Ploegmakers N. Timothy Cable Maria T.E. Hopman Dick H.J. Thijssen



Please cite this article as: Seeger JPH, Timmers S, Ploegmakers DJM, Cable NT, Hopman MTE, Thijssen DHJ, IS DELAYED ISCHEMIC PRECONDITIONING AS EFFECTIVE ON RUNNING PERFORMANCE DURING A 5-KM TIME TRIAL AS ACUTE IPC?, *Journal of Science and Medicine in Sport* (2016), http://dx.doi.org/10.1016/j.jsams.2016.03.010

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



ACCEPTED MANUSCRIPT

Acute and delayed IPC enhance performances

1	IS DELAYED ISCHEMIC PRECONDITIONING AS EFFECTIVE ON
2	RUNNING PERFORMANCE DURING A 5-KM TIME TRIAL AS
3	ACUTE IPC?
4	
5	JOOST P.H. SEEGER ^{1,2}
6	SILVIE TIMMERS ¹
7	DANIQUE J.M. PLOEGMAKERS ¹
8	N. TIMOTHY CABLE ^{2,3}
9	MARIA T.E. HOPMAN ¹
10	DICK H.J. THIJSSEN ^{1,2}
11	
12	¹ Radboud University Medical Centre, Department of Physiology, Nijmegen, the Netherlands
13 14	² Research Institute for Sport and Exercise Sciences, Liverpool John Moores University, Liverpool, United Kingdom
15	³ Aspire, Doha, Qatar
16 17 18	Short title: Acute and delayed IPC enhance performances
19	Word count paper: 2991; 1 table, 2 figures
20	Word count Abstract: 246
21	
22	
23 24	Author for correspondence: Prof. Dick Thijssen, Research Institute for Sport and Exercise Sciences, Liverpool John
24 25	Moores University, L3 3AF Liverpool, United Kingdom
26	Email: <u>d.thijssen@ljmu.ac.uk</u> , Tel: +441519046264
27	

Download English Version:

https://daneshyari.com/en/article/5574086

Download Persian Version:

https://daneshyari.com/article/5574086

Daneshyari.com