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The effects of tissue flossing on ankle range of motion and jump performance

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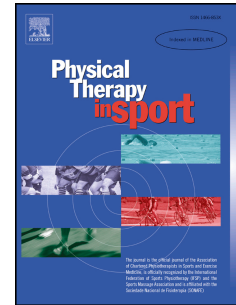
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**The effects of tissue flossing on ankle range of motion and jump performance**

Original Investigation

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**Running Head:** *Floss bands and ankle ROM*

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