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## Case report

# Transcatheter aortic valve implantation in patients with bicuspid aortic valve



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## ARTICLE INFO

## Article history:

Received 22 March 2016

Received in revised form

5 June 2016

Accepted 7 June 2016

Available online 6 July 2016

## Keywords:

Aortic valve

Bicuspid

Stenosis

Transcatheter

## Introduction

Bicuspid aortic valve (BAV) is one of the most common congenital heart defects with a population prevalence of 0.5–1.3% [1,2]. BAV has been identified as the main cause of aortic valve disease leading to surgical treatment in children and young adults. A large pathological survey revealed that BAV could result in a stenotic lesion in 75% of patients and insufficiency in 15% [3].

In the aspects of anatomy, compared to a normal tricuspid aortic valve (TAV), a BAV is formed with only two as a result of the fusion of two leaflets into a larger one. Although BAV is often considered to be a benign lesion early in life, the complications associated with cardiovascular diseases, including aortic stenosis (AS), aortic insufficiency (AI), infective

endocarditis (IE), and aortic dilation and dissection, can result in marked increases in morbidity and mortality later in life [3–5]. There have been many surgical techniques and different therapeutic options for patients presenting with BAV stenosis with or without regurgitation [6]. In clinical practice, at least 30% of patients with severe symptomatic aortic stenosis do not undergo surgery for replacement of the aortic valve, owing to advanced age, left ventricular dysfunction, or the presence of multiple coexisting conditions [7,8]. With the advent of transcatheter valves specifically for minimally invasive implantation procedures, AS patients at high risk with conventional surgery have benefited with transcatheter aortic valve implantation (TAVI). Nevertheless, BAV is generally considered to contraindicate TAVI in most randomized controlled trials [8,9], because of the poor stability of the prosthetic valve or paravalvular regurgitation due to non-ideal expansion of a valve in elliptical and calcified annulus. Not only may the nonstandard shape and geometry of bicuspid valves predispose backflow leak during ventricular diastole after TAVI, but also the asymmetric dilatation resulting with irregular distribution of calcium deposits on the annulus of the BAV increase the risk of incomplete sealing, severe paravalvular leak and aortic regurgitation (AR), the complications which already exists as the major drawback of TAVI technology [10,11]. Here, we detailed a case of successful trans-femoral TAVI in a 77-year-old male with BAV.

## Case report

We present a 77-year-old male with symptomatic BAV stenosis. The patient was admitted with progressive dyspnea (NYHA IV)

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<http://dx.doi.org/10.1016/j.crvasa.2016.06.001>

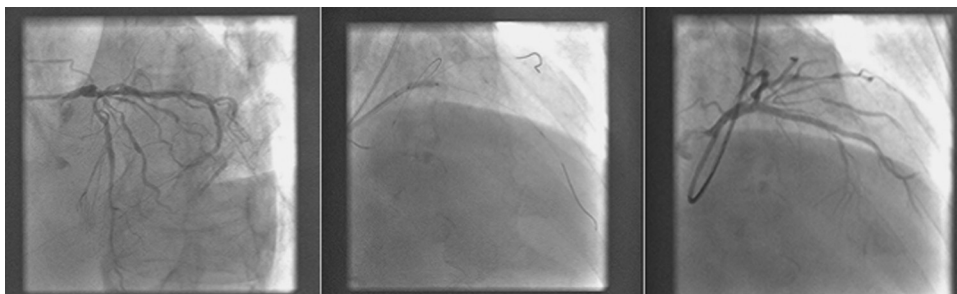
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for 1 year in December 16, 2014. The ECG findings included atrial fibrillation rhythm, heart rate of 150 beats/min, ST depression, and T inversion in leads I, AVL, and V1-V6. Echocardiography revealed BAV with severe AS and moderate thickening and calcification and trivial aortic insufficiency. Baseline transthoracic echocardiography reported an aortic valve area of 0.82 cm<sup>2</sup>, mean gradient of 41.0 mmHg, mean velocity of 312 cm/s. Left ventricular ejection fraction was 48%. At the same time, aortic valve area index (AVAI) estimated approximately 0.51 cm<sup>2</sup>/m<sup>2</sup>, which was an indicator of severe AS.

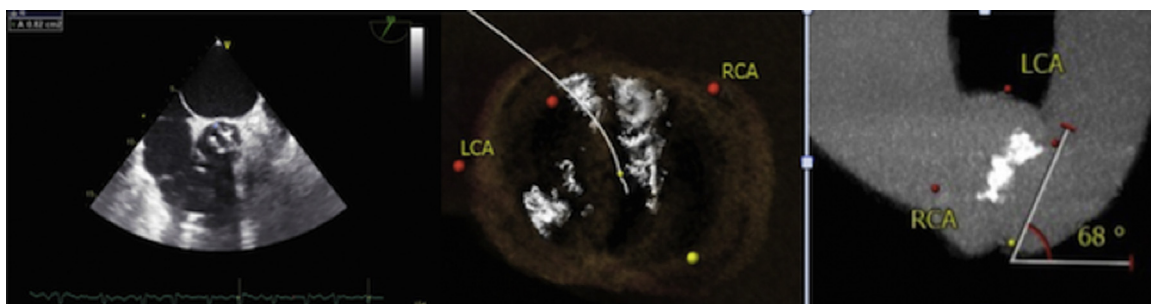
He was declined for surgery on account of high operative risk (logistic EuroSCORE 26.03%, STS estimated Morbidity or Mortality 25.84%) after consultations by the multidisciplinary heart team (consisting of interventional cardiologists, cardiac surgeons, anesthesiologists, and imaging specialists), thus he was evaluated for TAVI. But we underlined that BAV is currently considered a contraindication and the procedure could be considered only after a careful examination with transesophageal echocardiography (TEE), multidetector computed tomography (MDCT) and coronary and peripheral angiography. He accepted the risks and signed an informed consent. On his coronary angiography in December 19, 2014, significant luminal narrowing (80%) of distal LM to opening of LAD (90%), tight stenosis (95%) at D1 and intermediate disease (60%) at proximal RCA were observed. LM to proximal LAD was pre-dilated and 3.0 mm × 36 mm EXCEL Stent was successfully deployed at LM to LAD (Fig. 1). After post-stenting, high pressure balloon dilatation with a Voyager NC balloon 4.0 mm × 8 mm at LM to pLAD (Fig. 1).

The patient's symptoms subsequently improved from NYHA class IV to class III. TEE and computed tomographic angiography (CTA) confirmed the bicuspidity with a severe horizontal angulation (Fig. 2) and with an annulus diameter

ranging from 24.3 to 28.3 mm [26.3 mm (Mean)], an annulus perimeter of 82.5 mm (annulus perimeter derived diameter, 26.2 mm), an ascending aorta diameter of 37.1 mm. Aortoiliac CTA detected normal lumen and adequate sizes of the iliac and femoral arteries. There was no significant stenosis or calcification in the iliac or common femoral artery. A 29-mm CoreValve (Medtronic Inc., Minneapolis, Minnesota, USA) implantation via trans-femoral access was decided upon. General anesthesia, TEE, pre-implantation balloon aortic valvuloplasty, and rapid ventricular pacing were carried out as a routine standard protocol. Arteriotomy was performed to obtain an appropriate femoral access. Due to the patient had a relative large, congenital bicuspid aorta root anatomy with a severe horizontal angulation, we draw assistance from snare (in the left common femoral artery) to perform TAVI (Fig. 3). The snare has grabbed the CoreValve to ensure valve is aligned within the annulus and perpendicular to the basal plane. Pre-implantation balloon valvuloplasty was done with a 22 mm × 40 mm sizing balloon. Full balloon expansion could be achieved. The patient did not develop significant aortic incompetence after balloon valvuloplasty. The angiographic view, in which the three cusps are aligned, was obtained and the valve was deployed. The above-mentioned valve was thereafter successfully implanted (implant depth was 4 mm) without misplacement nor paravalvular leak, and with complete circular valve expansion confirmed by intraoperative TEE and fluoroscopy (Figs. 4 and 5). Post-TAVI mean gradient decreased strikingly to 9 mmHg, and peak velocity to 2.1 m/s. The patient was monitored in an intensive care unit for two days. No conduction abnormalities were observed on ECG. The patient's symptoms subsequently improved from NYHA class III to class I. On day 5 post-procedure, the patient was discharged without any significant complications.



**Fig. 1 – Coronary angiography images before (Left), post-stenting high pressure balloon dilatation (Middle) and after (Right) stent deployment.**



**Fig. 2 – TEE (Left) and CTA (Middle) showing the congenital bicuspid aortic valve with a severe horizontal angulation (Right). Middle and right pictures from Medtronic company.**

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