

Accepted Manuscript

Surviving physiological stress: Can insights into human adaptation to austere environments be applied to the critical care unit?

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PII: S2210-8440(16)30071-5

DOI: [10.1016/j.tacc.2016.11.003](https://doi.org/10.1016/j.tacc.2016.11.003)

Reference: TACC 319

To appear in: *Trends in Anaesthesia and Critical Care*

Received Date: 4 August 2016

Revised Date: 7 November 2016

Accepted Date: 15 November 2016

Please cite this article as: McKenna H, Martin D, Surviving physiological stress: Can insights into human adaptation to austere environments be applied to the critical care unit?, *Trends in Anaesthesia and Critical Care* (2016), doi: 10.1016/j.tacc.2016.11.003.

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