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ACCEPTED MANUSCRIPT

Participation in a National Lifestyle Change Program is Associated with Improved Diabetes Control Outcomes

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Running head: Lifestyle Change and Diabetes Control Outcomes **Word count**: 4,543 of 5000 allowed. Abstract 200. 3 Tables, 2 Figures.

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Highlights Statement

- This research studied the largest clinical lifestyle change program in the United States, the Veteran's Health Administration's MOVE! program.
- Compared to eligible non-participants, participants in the program had significantly lower incidence of eye disease and renal disease, despite less medication intensification.
- Implementing lifestyle change programs in U.S. health systems may improve health among the growing patient population with diabetes.

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