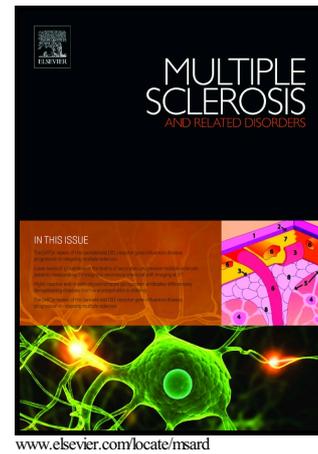


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Tackling comorbidity in multiple sclerosis

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Abstract

We can improve outcomes in patients with multiple sclerosis (MS) by better management of comorbidities. A holistic approach should combine lifestyle modifications and the use of low-cost, low-risk treatments for common conditions. Such an approach is most effective when all stakeholders share responsibility.

Keywords

Comorbidities, Brain Health, Lifestyle, Multiple Sclerosis

Comorbidities affect patient outcomes

The negative effect of comorbidities on cognition, disability progression, quality of life, healthcare utilization and mortality is highlighted in an article by Professor A. M. Marrie entitled 'Comorbidity in multiple sclerosis: implications for patient care' published recently in Nature Reviews Neurology (Marrie 2017). Professor Marrie

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