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Conventional and novel body temperature measurement during rest and exercise induced hyperthermia

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Abstract

Despite technological advances in thermal sensory equipment, few core temperature (T_{CORE}) measurement techniques have met the established validity criteria in exercise science. Additionally, there is debate as to what method serves as the most practically viable, yet upholds the proposed measurement accuracy. This study assessed the accuracy of current and novel T_{CORE} measurement techniques in comparison to rectal temperature (T_{REC}) as a reference standard. Fifteen well-trained subjects (11 male, 4 female) completed 60 min of exercise at an intensity equating to the lactate threshold; measured via a discontinuous exercise test. T_{REC} was significantly elevated from resting

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