### **Accepted Manuscript**

The effect of blue-enriched white light on cognitive performances and sleepiness of night-shift workers: A field study

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PII: S0031-9384(17)30135-X

DOI: doi: 10.1016/j.physbeh.2017.05.008

Reference: PHB 11793

To appear in: Physiology & Behavior

Received date: 27 December 2016

Revised date: 9 April 2017 Accepted date: 5 May 2017

Please cite this article as: Majid Motamedzadeh, Rostam Golmohamadi, Reza Kazemi, Rashid Haidarimoghadam, The effect of blue-enriched white light on cognitive performances and sleepiness of night-shift workers: A field study. The address for the corresponding author was captured as affiliation for all authors. Please check if appropriate. Phb(2017), doi: 10.1016/j.physbeh.2017.05.008

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### **ACCEPTED MANUSCRIPT**

# The effect of blue-enriched white light on cognitive performances and sleepiness of night-shift workers: A field study

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This work was supported by the Hamadan University of Medical Science under grant 939044299.

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