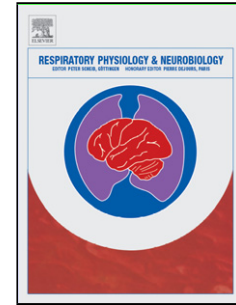


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Maximal inspiratory mouth pressure in Japanese elite female athletes

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Highlights

- Characteristics of maximal inspiratory mouth pressure (MIP) in athletes vary across sport types.
- This study covered 169 Japanese elite female athletes.
- Female athletes who experience inspiratory muscle fatigue tend to have a higher MIP.

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