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Antiatherogenic potential of ezetimibe in sitosterolemia: Beyond plant sterols lowering

Lídia Cedó, Francisco Blanco-Vaca, Joan Carles Escolà-Gil

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Sitosterolemia (OMIM 210250) is a rare autosomal recessively-inherited disorder caused by homozygous or compound heterozygous mutations affecting either adenosine triphosphate-binding cassette (ABC) transporters G5 or G8, which are located on human chromosome 2p21 in a head-to-head organization ¹. These two proteins form heterodimers, which act as efflux pumps to preferentially export free sterols from hepatocytes or enterocytes into the intestinal lumen ². For this reason, and in contrast to healthy individuals, the sitosterolemic subjects have a significant increase in circulating levels of plasma plant sterols including beta-sitosterol, campesterol and stigmasterol ¹. The presence of tendon and tuberous xanthomas, premature atherosclerosis and hematological abnormalities, such as hemolytic anemia and thrombocytopenia, are common clinical features of sitosterolemia ^{1, 2}. However, the clinical phenotype of these patients is characterized by a marked heterogeneity ³ and the evidence of premature atherosclerosis has not always been reported, despite having high levels of plasma plant sterols 4, 5. This could indicate that premature atherosclerosis found in most of the sitosterolemic patients may not be caused exclusively by the higher circulating plant sterols.

Ezetimibe, a drug specifically targeting intestinal Niemann-Pick C1-Like 1 (NPC1L1)-mediated inhibition of sterols absorption, has emerged as a successful agent for sitosterolemia treatment since it significantly reduces plasma plant sterol levels, reverses xanthomas and normalizes most of the hematological abnormalities in

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