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Exercise Individualized by TRIMPi Method Reduces Arterial Stiffness in Early Onset Type 2 Diabetic Patients: A Randomized Controlled Trial with Aerobic Interval Training

Alfonso Bellia, Ferdinando Iellamo, Elisa De Carli, Aikaterini Andreadi, Elvira Padua, Mauro Lombardo, Giuseppe Annino, Francesca Campoli, Sara Tartaglione, Stefano D'Ottavio, David Della-Morte, Davide Lauro

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Bellia Alfonso^{ab*}, Iellamo Ferdinando^{cd*}, De Carli Elisa^{a*}, Andreadi Aikaterini^{a*}, Padua Elvira^{b*}, Lombardo Mauro^{b*}, Annino Giuseppe^{a*}, Campoli Francesca^{b*}, Tartaglione Sara^{a*}, D'Ottavio Stefano^{c*}, Della-Morte David^{ab*}, and Lauro Davide^{a*}

^aDepartment of Systems Medicine, University "Tor Vergata", Rome, Italy

^bDepartment of Human Sciences and Promotion of the Quality of Life, San Raffaele Roma Open University, Rome, Italy

^cDepartment of Clinical Sciences and Translational Medicine, University "Tor Vergata", Rome, Italy

^dIstituto di Ricovero e Cura a Carattere Scientifico (IRCCS) San Raffaele Pisana, Rome, Italy

* This author takes responsibility for all aspects of the reliability and freedom from bias of the data presented and their discussed interpretation

Address correspondence to (corresponding author):

Davide Lauro, MD

Department of Systems Medicine

University of Rome "Tor Vergata"

Via Montpellier 1

I-00133 Rome, Italy

Phone: +39-06-20904662

Fax: +39-06-20904668

E-mail: d.lauro@med.uniroma2.it

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