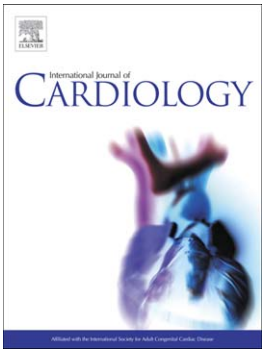

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High-intensity interval training and cardiac autonomic control in individuals with metabolic syndrome: a randomised trial

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