

## THE PRESENT AND FUTURE

### STATE-OF-THE-ART REVIEW

# Clinical Trial Principles and Endpoint Definitions for Paravalvular Leaks in Surgical Prosthesis



## An Expert Statement

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### ABSTRACT

The VARC (Valve Academic Research Consortium) for transcatheter aortic valve replacement set the standard for selecting appropriate clinical endpoints reflecting safety and effectiveness of transcatheter devices, and defining single and composite clinical endpoints for clinical trials. No such standardization exists for circumferentially sutured surgical valve paravalvular leak (PVL) closure. This document seeks to provide core principles, appropriate clinical endpoints, and endpoint definitions to be used in clinical trials of PVL closure devices. The PVL Academic Research Consortium met to review evidence and make recommendations for assessment of disease severity, data collection, and updated endpoint definitions. A 5-class grading scheme to evaluate PVL was developed in concordance with VARC recommendations. Unresolved issues in the field are outlined. The current PVL Academic Research Consortium provides recommendations for assessment of disease severity, data collection, and endpoint definitions. Future research in the field is warranted. (J Am Coll Cardiol 2017;69:2067-87) © 2017 American College of Cardiology Foundation and European Society of Cardiology.

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## ABBREVIATIONS AND ACRONYMS

- 2D** = 2-dimensional
- 3D** = 3-dimensional
- AE** = adverse event
- CMR** = cardiac magnetic resonance
- CT** = computed tomography
- LA** = left atrial/atrium
- LV** = left ventricle/ventricular
- PVL** = paravalvular leak
- TEE** = transesophageal echocardiography
- TTE** = transthoracic echocardiography

The clinical effect of paravalvular leak (PVL) following circumferentially sutured surgical cardiac valve replacement varies significantly depending on the type of valve prosthesis and the implant location. Because the long-term outcomes of this complication, as well as surgical or transcatheter interventions for PVL, are largely unknown, there is a fundamental need for these studies. The absence of comprehensive retrospective or prospective data arises from the lack of uniform definitions to establish disease severity, clinical endpoints to assess safety and efficacy, and appropriate single and composite endpoints to assess outcomes. In addition, cohort/statistical considerations may be specific to this disease process.

Following publication of the first standardized definitions and endpoints associated with cardiac valvular operations (1,2), the Valve Academic Research Consortium (VARC) has collaborated with the U.S. Food and Drug Administration and device manufacturers to periodically update consensus definitions for clinical endpoints in valve implantation. Accordingly, the Paravalvular Leak Academic Research Consortium (PVLARC) working group

harnessed Academic Research Consortium (ARC) methodologies and assembled to discuss current knowledge and evidence concerning clinical studies of PVL therapies. Representatives from the U.S. Food and Drug Administration, device manufacturers, and academic research organizations in the United States and Europe joined a panel of clinical cardiologists, interventional cardiovascular specialists, imaging experts, cardiovascular surgeons, and regulatory and clinical trial experts at the American College of Cardiology Heart House in February 2015 to review and summarize the current state of knowledge on surgical PVL. As a result of this effort, this document provides consensus expert opinion on core principles and endpoint definitions for clinical studies of PVL (Central Illustration). This document focuses exclusively on PVL following valve replacement with circumferentially sutured surgical prosthetic valves, defined as an abnormal communication between the sewing ring of a surgical prosthesis and the native annulus. PVL related to transcatheter valve prostheses is comprehensively discussed in the VARC-2, Mitral Valve Academic Research Consortium, and various reviews (3,4). The Online Appendix discusses unanswered questions related to this intervention, which could form the basis for clinical studies.

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