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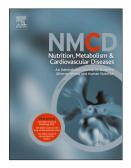
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ADHERENCE TO THE MEDITERRANEAN DIET IN CHILDREN AND **ADOLESCENTS: A SYSTEMATIC REVIEW**

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Keywords

Mediterranean Diet; Adherence; Children; Adolescents; Indexes; Score.

Acronyms

BIA=bioelectrical impedance analysis; BMI=body mass index; FFQ=food frequency questionnaire; fMDS= food frequency-based Mediterranean Diet Score; IOTF=International Obesity Task Force; IPAQ=International Physical Activity Questionnaire; MD=Mediterranean Diet; MDS=Mediterranean Diet Score, MUFA=monounsaturated fatty acids; PA=physical activity, SES=socioeconomic status; SFA=saturated fatty acids; STROBE=strenghtening the reporting of observational studies in epidemiology statement; WC=waist circumference; WHO=World Health Organization.

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