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Personality traits and dental anxiety in self-reported bruxism. A cross-sectional study

SHORT TITLE: Personality Profile and dental anxiety of bruxers

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ABSTRACT

OBJECTIVES: The aim of this study was to investigate the association between psychological

factors (Personality and Dental anxiety) with self-reported bruxism-related symptoms.

METHODS: 526 subjects, over 18 years old and not seeking dental treatment, were recruited

from the families and acquaintances of dental students from the University of Salamanca.

Bruxism activity was estimated by means of a six-item questionnaire aimed at recording

common bruxism-related symptoms and clenching/grinding awareness. The Spanish version of

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