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Further evidences for sleep instability and impaired spindle-delta dynamics in schizophrenia: a whole-night polysomnography study with neuroloop-gain and sleep-cycle analysis[†]

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[†]Part of the data from this study was presented as a poster abstract entitled *Altered sleep* stage 2 dynamics and disrupted sleep among patients with recent-onset Schizophrenia: a whole night polysomnography study for the 8th Congress of Asian Sleep Research Society (ASRS-2014) 22–24 September 2014 organized by the Indian Society for Sleep Research (ISSR) held at Thiruvananthapuram, Kerala, India.

Running title: Altered sleep-cycle dynamics in schizophrenia

ABSTRACT

Objective: Sleep offers a unique window into the brain dysfunctions in schizophrenia. Many past sleep studies have reported abnormalities in both macro-sleep architecture (like increased awakenings) as well as micro-sleep-architecture (like spindle deficits) in patients with schizophrenia (PSZ). The present study attempts to replicate previous reports of macro-and micro-sleep-architectural abnormalities in schizophrenia. In addition, the study also examined sleep-stage changes and spindle-delta dynamics across sleep-cycles to provide

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