

Accepted Manuscript

A preliminary examination of gut microbiota, sleep, and cognitive flexibility in healthy older adults

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PII: S1389-9457(17)30317-9

DOI: [10.1016/j.sleep.2017.07.018](https://doi.org/10.1016/j.sleep.2017.07.018)

Reference: SLEEP 3472

To appear in: *Sleep Medicine*

Received Date: 3 May 2017

Revised Date: 22 July 2017

Accepted Date: 24 July 2017

Please cite this article as: Anderson JR, Carroll I, Azcarate-Peril MA, Rochette AD, Heinberg LJ, Peat C, Steffen K, Manderino LM, Mitchell J, Gunstad J, A preliminary examination of gut microbiota, sleep, and cognitive flexibility in healthy older adults, *Sleep Medicine* (2017), doi: 10.1016/j.sleep.2017.07.018.

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Data collected at Kent State University. Gut microbiome sequencing completed at the University of North Carolina.

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Word Count: 1,477

References: 20

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