

Accepted Manuscript

Impact of a Modest Delay in School Start Time in Hong Kong School Adolescents

Ngan Yin Chan, MPhil, Jihui Zhang, MD PhD, Mandy Wai Man Yu, MPH, Siu Ping Lam, FHKAM (Psych), Shirley Xin Li, PhD, DClinPsy, Alice Pik Shan Kong, FRCP, Albert Martin Li, FHKAM (Paeds), MD, Yun Kwok Wing, FRCPsych, Professor, Director of Sleep Assessment Unit



PII: S1389-9457(16)30241-6

DOI: [10.1016/j.sleep.2016.09.018](https://doi.org/10.1016/j.sleep.2016.09.018)

Reference: SLEEP 3211

To appear in: *Sleep Medicine*

Received Date: 22 April 2016

Revised Date: 27 September 2016

Accepted Date: 29 September 2016

Please cite this article as: Chan NY, Zhang J, Yu MWM, Lam SP, Li SX, Kong APS, Li AM, Wing YK, Impact of a Modest Delay in School Start Time in Hong Kong School Adolescents, *Sleep Medicine* (2016), doi: 10.1016/j.sleep.2016.09.018.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Impact of a Modest Delay in School Start Time in Hong Kong School Adolescents

Ngan Yin Chan^a, MPhil; Jihui Zhang^a, MD PhD; Mandy Wai Man Yu^a, MPH; Siu Ping Lam^a, FHKAM (Psych), Shirley Xin Li^b PhD, DCLinPsy; Alice Pik Shan Kong^c, FRCP; Albert Martin Li^d, FHKAM (Paeds), MD; Yun Kwok Wing^a, FRCPsych.

Affiliations:

^aDepartment of Psychiatry, Faculty of Medicine, The Chinese University of Hong Kong, Shatin, Hong Kong SAR;

^bDepartment of Psychology, The University of Hong Kong, Pokfulam, Hong Kong SAR;

^cDepartment of Medicine and Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong, Shatin, Hong Kong SAR.;

^dDepartment of Pediatrics, Faculty of Medicine, The Chinese University of Hong Kong, Shatin, Hong Kong SAR.

Address correspondence to: Yun Kwok Wing, Professor, Director of Sleep Assessment Unit, Department of Psychiatry, The Chinese University of Hong Kong, Shatin Hospital, Shatin, Hong Kong SAR; Tel: 852 26367748; Fax: 852 26475321; Email: ykwing@cuhk.edu.hk

Short title: Modest delay in school start time

Word Counts: Text: 3725; Abstract: 255; Tables:3; Figures:1; Supplementary tables:3

Download English Version:

<https://daneshyari.com/en/article/5643824>

Download Persian Version:

<https://daneshyari.com/article/5643824>

[Daneshyari.com](https://daneshyari.com)