

Accepted Manuscript

Short-term effects of a low glycemic index carob containing snack on energy intake, satiety and glycemic response in normal-weight, healthy adults. Results from two randomized-trials

Emilia Papakonstantinou, Nickolaos Orfanakos, Paul Farajian, Anastasia E. Kapetanakou, Ifigenia P. Makariti, Nikolaos Grivokostopoulos, Marie-Ann Ha, Panagiotis N. Skandamis

PII: S0899-9007(17)30107-7

DOI: [10.1016/j.nut.2017.05.011](https://doi.org/10.1016/j.nut.2017.05.011)

Reference: NUT 9967

To appear in: *Nutrition*

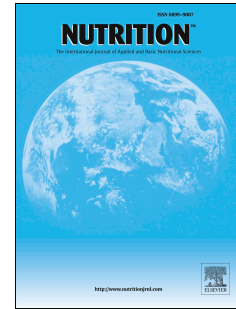
Received Date: 28 February 2017

Revised Date: 19 April 2017

Accepted Date: 17 May 2017

Please cite this article as: Papakonstantinou E, Orfanakos N, Farajian P, Kapetanakou AE, Makariti IP, Grivokostopoulos N, Ha M-A, Skandamis PN, Short-term effects of a low glycemic index carob containing snack on energy intake, satiety and glycemic response in normal-weight, healthy adults. Results from two randomized-trials, *Nutrition* (2017), doi: 10.1016/j.nut.2017.05.011.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



1 **Short-term effects of a low glycemic index carob containing snack on energy**
2 **intake, satiety and glycemic response in normal-weight, healthy adults. Results**
3 **from two randomized-trials.**

4

5 **Emilia Papakonstantinou¹, Nickolaos Orfanakos¹, Paul Farajian¹, Anastasia E.**
6 **Kapetanakou², Ifigenia P. Makariti², Nikolaos Grivokostopoulos², Marie-Ann**
7 **Ha³, Panagiotis N. Skandamis²**

8

9 ¹Unit of Human Nutrition, Department of Food Science and Human Nutrition,
10 Agricultural University of Athens, Greece

11 ²Laboratory of Food Quality Control and Hygiene, Department of Food Science and
12 Human Nutrition, Agricultural University of Athens.

13 ³Medical Science, Anglia Ruskin University, England

14

15

16 Corresponding author: Emilia Papakonstantinou, PhD
17 Department of Food Science and Human Nutrition
18 Agricultural University of Athens
19 75 IeraOdos, 11855Athens, Greece,
20 Tel: +30-210-5294967, Fax: +30-210-5294967
21 Email:emiliap@aua.gr

22

23

24

25

Download English Version:

<https://daneshyari.com/en/article/5656857>

Download Persian Version:

<https://daneshyari.com/article/5656857>

[Daneshyari.com](https://daneshyari.com)