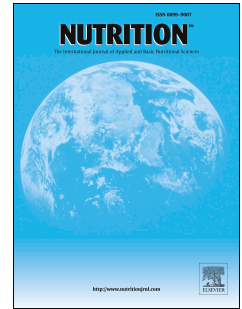


Accepted Manuscript

The most effective factors to offset sarcopenia and obesity in the older Korean:
Physical activity, vitamin D, and protein intake

Chorong Oh, Ph. D, Byeong Hwan Jeon, Ph.D., Shaun Nicholas Reid, Storm, MS.,
Sunkug Jho, MD., Jae-Kyung No, Ph.D.



PII: S0899-9007(16)30093-4

DOI: [10.1016/j.nut.2016.06.004](https://doi.org/10.1016/j.nut.2016.06.004)

Reference: NUT 9789

To appear in: *Nutrition*

Received Date: 4 September 2015

Revised Date: 3 June 2016

Accepted Date: 8 June 2016

Please cite this article as: Oh C, Jeon BH, Reid, Storm SN, Jho S, No J-K, The most effective factors to offset sarcopenia and obesity in the older Korean: Physical activity, vitamin D, and protein intake, *Nutrition* (2016), doi: 10.1016/j.nut.2016.06.004.

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