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Diet as a Trigger or Therapy for Inflammatory Bowel Diseases

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Diet as a Trigger or Therapy for Inflammatory Bowel Diseases

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Abbreviations: CD, Crohn's disease; UC, ulcerative colitis; IBD, inflammatory bowel disease; FODMAP, fermentable oligo-, di-, and monosaccharides and polyols; PUFA, polyunsaturated fatty acids; SCFA, short-chain fatty acid

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